

## NON-FOOD REWARDS HEALTHY CELEBRATION IDEAS



- Trips to a treasure box filled with nonfood items, such as stickers, play tattoos, bubbles, jump ropes, puzzles, key chains, yo-yos, charms, trading cards, pencils, pencil toppers, etc.
- Play favorite game
- Extra recess
- Make deliveries to the office
- Sit by friends or in a special seat near the teacher's desk
- Help teach class
- Eat lunch with the teacher or principal
- School supplies
- Paperback book
- Read or have class outdoors
- "No homework" pass
- Listen to an audio book/watch a video
- Extra art time
- Play a computer game
- Listen to music
- Eat lunch outdoors with the class
- Be a helper in another classroom
- Dance to favorite music in the classroom
- Select a book for the teacher to read to class
- Recognizing the child's achievement in the school newsletter
- Be featured on a photo recognition board in a prominent location in the school
- A phone call, email or letter sent home to parents or guardians commending a child's accomplishment
- First in the lunch line
- A field trip
- Decorate the child's chair
- Read morning announcements
- Get "free choice" time at the end of the day



## **ALTERNATIVE FUNDRAISING IDEAS – *THINGS TO DO***

- Auction
- Bike-a-thons
- Bowling night
- Car wash
- Carnivals/Festivals
- Dances
- Flea Market/Craft Show
- Gift wrapping
- Jog-a-thons
- Jump-rope-a-thons
- Magic show
- Read-a-thons
- Recycling cans/paper/ink cartridge
- Spelling bee
- Talent shows
- Walk-a-thon



## **ALTERNATIVE FUNDRAISING IDEAS – *THINGS TO SELL***

- Balloon bouquets
- Bath accessories
- Brick/stone/tile memorials
- Buttons, pins and stickers
- Candles
- Cookbooks
- Coupon books
- Flea market
- Flowers and bulbs
- Gift wrap, boxes and bags
- Greeting cards
- Holiday ornaments/wreaths
- House decorations
- Jewelry
- Magazine subscriptions
- Plants
- School spirit gear and accessories
- T-shirts and sweatshirts
- Valentine's day flowers
- Book covers
- Yearbook space/monograms

## HEALTHY CLASSROOM CELEBRATIONS

- Light or low fat popcorn
- Low fat pudding cups
- Applesauce or other fruit cups
- Raisins or other dried fruits
- Whole grain crackers w/reduced fat cheese
- Graham crackers
- Rice cakes
- Whole Grain Granola bars
- String cheese
- Fresh fruit
- Pretzels
- Low fat yogurt cups
- 100% Juice
- Bottled water
- 1% Low-Fat White Milk or Non-Fat Chocolate Milk



Any further information please call Nutrition Services Department at (650) 877-8716