

Wellness Policy Requirement: *Implementation and Monitoring Plan/* South Kitsap School District

Requirement	Implementation Strategy	Implementation Plan	Person /Team responsible	Date Due	Date Implemen ted	Monitoring Plan	Policy Compli ance?	Eval. Date
Public Involvement Collaborative community team to develop, implement and review policy	Build a team including: parents, teachers, physical education instructors, school health professionals, school board and administration, and community members	Expand team by including ASB and PTA's	Ariane Shanley Committee	August 2014	August 2014 ongoing	During regular Health Services meetings discussed updates and concerns.	<input checked="" type="checkbox"/> Yes	8/26/16 and Ongoing
Nutrition Guidelines Standards for all food available on school campus	Update Wellness policy and provided updated information to all schools	Update current policy by August 2016 and meet with ABS's PTA's. Give updates during District team meetings to Principals and building staff. Set up accounts for ASB for smart snacks through FSA	Ariane Shanley,	August 2016	August 2016	Attend meetings to be a resource and answer questions; review product list/information	<input checked="" type="checkbox"/> Yes	9/14/15; Scheduled Cabinet & Health services meetings
<input checked="" type="checkbox"/>	School meals (USDA guidelines, <i>scratch-made, healthy menu changes, farm to school</i>)	2010-current; increase scratch-made menu. All menu items meet federal standards	Ariane Shanley Tami Tabtab FNS Team	In progress; ongoing	9/2010 ongoing	Introduce new items, check for acceptability Change High School set-up. Regular nutritional analysis of all menus and recipes. Check during site visits	<input checked="" type="checkbox"/> Yes	Ongoing
<input checked="" type="checkbox"/>	Increase availability of fruits and vegetables (e.g. salad bar, farm stand)	Expand seasonal offerings on the Garden Bars; have Garden Bar rotation set-up.	Ariane Shanley; Tami Tabtab	ongoing	9/2010 Ongoing	FNS team assures Garden Bar rotation is followed	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Site Visit schedule and ongoing
<input checked="" type="checkbox"/>	Free water available during lunchtime	Check all café's to assure water fountains are accessible or water is available	Ariane Shanley; Tami Tabtab FNS Team	9/2010	9/2010	During site visits check on availability and FNS team will monitor at their assigned sites	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	ongoing
<input checked="" type="checkbox"/>	Competitive foods (<i>a la carte, vending, stores</i>)	Implement all Smart Snack changes at due dates. Send policy information to schools and Parent groups	Committee	9/2010	9/2010	During regular scheduled meetings discussed updates and concerns.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Ongoing
<input checked="" type="checkbox"/>	Classroom/school celebrations	Share policy with schools and encourage classrooms to choose healthy option or non-food rewards. Also provide Food Event guide	Committee; Ariane Shanley	9/2010	ongoing	During regular meetings with Principles discussed requirements and suggestions	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Principles check and share information with building teams
<input type="checkbox"/>	Using non-food rewards	Same as classroom celebrations					<input type="checkbox"/> Yes <input type="checkbox"/> No	Principles check and share information

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								with building teams
<input checked="" type="checkbox"/>	Healthy fundraisers	Same as Classroom Celebrations Work with PTA groups to find options	Admin Team	9/2010	ongoing		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Principles check and share information with building teams
<input checked="" type="checkbox"/>	Providing sufficient lunch times	This is a discussion topic.					<input type="checkbox"/> Yes <input type="checkbox"/> No	
Nutrition Education Goals for nutrition education		<ul style="list-style-type: none"> • Standards based nutrition education • Integrated into curricula • Education links with school environment 						
<input type="checkbox"/>	Classroom –based (incorporated into curriculum, cooking classes)					Nutrition Education is part of the curriculum	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Cafeteria interventions (Myplate information, “Eat the colors of the rainbow” themes)	Have posters and information in the café’s about eat your colors and other promotions to encourage healthy eating.	Ariane Shanley	9/2010	ongoing	FNS team will share with students while they are in the Café	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Ongoing
<input checked="" type="checkbox"/>	Foodservice staff education (<i>scratch cooking, healthy meals</i>)	Find workshops for staff to attend and/or bring instructors into the district. During regular staff training	Ariane Shanley	9/2005	Ongoing	During mandatory meetings or trainings	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Bi-annual meetings and monthly meetings
<input checked="" type="checkbox"/>	Staff training (Continuing education on Nutrition)	Find workshops for staff to attend and/or bring instructors into the district. During regular staff training		9/2005	ongoing	Provide support for team to attend trainings and workshops	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Track required CEU’s
<input checked="" type="checkbox"/>	Home and community (Sending information home, community education-Nutrition /Physical Activity nights)	Update website to include large variety of information for families http://sksdfoodandnutrition.com/	Ariane Shanley	10/2015	Ongoing to maintain and update	Maintaining and updating a webpage is ongoing	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Ongoing to maintain and update
Nutrition Promotion Changing the school environment to support healthy eating								
<input checked="" type="checkbox"/>	Become a Healthier US School	Awarded to Bronze	Ariane Shanley FNS Team	9/12	9/16	Look into reapplying	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	9/16
<input checked="" type="checkbox"/>	Become a Team Nutrition School		Ariane Shanley	9/12	9/16	Look into reapplying	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	

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<input type="checkbox"/>	Cafeteria ambiance/education		FNS Team				<input type="checkbox"/> Yes <input type="checkbox"/> No		
<input type="checkbox"/>	Apply USDA Fresh Fruit and Vegetable program	N/A					<input type="checkbox"/> Yes <input type="checkbox"/> No		
<input type="checkbox"/>	School garden	N/A					<input type="checkbox"/> Yes <input type="checkbox"/> No		
<input checked="" type="checkbox"/>	Taste of Washington/Taste testing days	Menu WA grown foods during Taste WA day	Ariane Shanley FNS Team	10/2012	10/5/16	Determine date of Taste WA day and menu items	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
<input checked="" type="checkbox"/>	Community meal events	Summer Food programs; Connect with Library and have 5 sites for summer meals. Participate in the Back to School Celebration.	Ariane Shanley	2007	ongoing	Apply each year for summer meal sites and connect with community groups by attending Whole Child/Whole Community Team meetings and reach out via email.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Site visits and audits	
<input checked="" type="checkbox"/>	Wellness newsletters	http://sksdfoodandnutrition.com/	Ariane Shanley	10/2015	Ongoing to maintain and update	Maintaining and updating a webpage is ongoing	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	ongoing	
<input type="checkbox"/>	Health Fair						<input type="checkbox"/> Yes <input type="checkbox"/> No		
<input type="checkbox"/>	Staff modeling healthy eating						<input type="checkbox"/> Yes <input type="checkbox"/> No		
Physical Education								<input type="checkbox"/> Yes <input type="checkbox"/> No	
PE									
<input checked="" type="checkbox"/>	Minutes/day or week (Minimum requirement 100 minutes per week)	District curriculum includes a PE component to meet state and federal requirements	Curriculum dept.			District curriculum includes a PE component to meet state and federal requirements	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
<input checked="" type="checkbox"/>	Curriculum	District curriculum includes a PE component to meet state and federal requirements	Curriculum dept.			District curriculum includes a PE component to meet state and federal requirements	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
<input type="checkbox"/>	Fitness testing/Fitness Gram						<input type="checkbox"/> Yes <input type="checkbox"/> No		
Physical Activity									
<input checked="" type="checkbox"/>	Recess time	Encourage schools to maintain recess time	Leadership team			All schools offer recess or added time during lunch for activities			
<input type="checkbox"/>	Physical activity breaks in classes						<input type="checkbox"/> Yes <input type="checkbox"/> No		
<input type="checkbox"/>	Recess before lunch						<input type="checkbox"/> Yes <input type="checkbox"/> No		

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Public Notification	Inform and update public about content, implementation, and compliance	Posted on the FNS website	Ariane Shanley	ongoing			<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Website, handbook, or newsletter	Posted on FNS Website	Ariane Shanley				<input type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Report to school board	Annual department update to school board					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
Implementation and Monitoring	Assess and evaluation compliance						<input type="checkbox"/> Yes <input type="checkbox"/> No	