

**South Bend Community School Corporation**

**PRIMARY PRODUCTION MENU**

**October 2016**

<p><b>October 3</b>  <b>Breakfast</b>                  Cinnamon/ Cr Cheese Mini Bagels-1  <b>Lunch</b>                  Chicken Smackers-10 with Bug Bite Crackers- 1oz                  Cheesy Broccoli - ½ cup                  Pineapple Tidbits 1/2c</p>	<p><b>Breakfast</b>                  Pancake on a Stick-1  <b>Lunch</b>                  Burrito                  Seasoned Black Beans-1/2 c                  Peaches- 1/2c</p>	<p><b>Breakfast</b>                  Breakfast Sliders-1  <b>Lunch</b>                  Cheesy Breadstick -1 (#13948) with Marinara Sauce – 2 oz                  Green Beans-1/2c                  Diced Pears-1/2c</p>	<p><b>Breakfast</b>                  Eggstravaganza -1/2 cup with Toast -1  <b>Lunch</b>                  Turkey &amp; Gravy –6 oz With Dinner Roll -1 oz                  Mashed Potatoes -1/2 c                  Gravy-2 oz                  California Blend Veg.-1/2 c                  Mixed Fruit- ½ cup</p>	<p><b>Breakfast</b>                  Eggo Mini Maple Pancakes-1  <b>Lunch</b>                  Hot Dog on a Bun                  *Baked Beans                  Celery Sticks-1/2 cup                  With Dip                  Frozen Fruit Cup</p>
<p><b>October 10</b>  <b>Breakfast</b>                  Apple Cinnamon Toast-1  <b>Lunch</b>                  Chicken Patty on a Bun -1 (#17117)                  Sweet Potato Fries                  Green Beans- ½ cup                  Mixed Fruit- 1/2c</p>	<p><b>Breakfast</b>                  Breakfast Muffin Sandwich -1  <b>Lunch</b>                  Soft Shell Taco-1                  Shredded Romaine Lettuce                  Refried Beans- ½ cup                  Salsa- 2 oz.                  Peaches - ½ cup</p>	<p><b>Breakfast</b>                  Breakfast Pizza-1  <b>Lunch</b>                  Cheese &amp; Pepperoni Bites -8 pc.                  Spinach Romaine Salad – 1 cup                  With Grape Tomato- 1 with Dressing – 12 gr                  Pears - 1/2c</p>	<p><b>Breakfast</b>                  Maple Pancake on a Stick-1  <b>Lunch</b>                  Lings Orange Chicken                  Schwan's Rice or Recipe                  Peas and Carrots 1/2c                  Mandarin Oranges-1/2 cup</p>	<p><b>Breakfast</b>                  Eggo Cinnamon Waffles-1  <b>Lunch</b>                  Grilled Cheese Sandwich -1                  Potato Cubes - 1/2 cup                  Pineapple Tidbits -1/2c</p>
<p><b>October 17</b>  <b>Breakfast</b>                  Whole Grain Pop Tart-1  <b>Lunch</b>                  Corn Dog/Mini Corn Dogs -1                  *Baked Beans-1/2 cup                  Potato Cubes-1/2 cup                  Peaches -1/2c</p>	<p><b>Breakfast</b>                  Eggstravaganza -1/2 cup with Toast -1  <b>Lunch</b>                  Chicken Enchilada                  Shredded Romaine Lettuce                  Black Beans Fiesta                  Salsa/Sour Cream                  Mixed Fruit-1/2 c</p>	<p><b>Breakfast</b>                  Breakfast Bagel -1  <b>Lunch</b>                  Spaghetti W/ Meat Sauce- 1                  Garlic Bread -1                  Spinach Romaine Salad – 1 cup w/ Cucumber                  Green Beans-1/2 cup                  Diced Pears -1/2c</p>	<p><b>NO SCHOOL</b></p>	<p><b>NO SCHOOL</b></p>
<p><b>October 24</b>  <b>NO SCHOOL</b></p>	<p><b>Breakfast</b>                  Breakfast Pizza  <b>Lunch</b>                  Nacho Lil' Bites- 8 pc.                  Spinach Romaine Salad – 1c                  With Grape Tomato- 1 with Dressing – 12 gr                  Refried Beans                  Peaches-1 /2 c.                  Fresh Fruit</p>	<p><b>Breakfast</b>                  Blueberry Pancake on a Stick-1  <b>Lunch*</b>                  Pizza -1                  Fresh Broccoli Florets 1/2c                  Fresh Cauliflower Florets- ½ cup                  Ranch Dip – 1 oz                  Pears-1 /2 c.                  Fresh Fruit</p>	<p><b>Breakfast</b>                  Strawberry Bagel-ful -1  <b>Lunch</b>                  Chicken Tenders-4 with Dinner Roll -1                  Mashed Potatoes 1/2c                  Gravy – 2 oz                  Green Beans-1/2 cup                  Cinnamon Applesauce- ½ c</p>	<p><b>Breakfast</b>                  Eggo Maple Waffles -1  <b>Lunch</b>                  Mac &amp; Cheese                  Peas-1/2 cup                  Frozen Fruit Cup (4 oz) - ½ cup</p>
<p><b>October 31</b>  <b>Breakfast</b>                  Whole Grain Breakfast Bun  <b>Lunch</b>                  Sloppy Joe/Bun-3.63 oz by weight                  Maple Roasted Sweet Potatoes- ½ cup                  Pineapple Tidbits-1/2 cup</p>				

\*Contains Pork Students may take 2 scoops of one vegetable or 2 different vegetables to equal 1 cup 8 oz. nonfat and low fat unflavored milk is served with all meal Menu Notes:

Offered Daily: Milk Assortment, Chef Salad, PBJ Sandwich, Cheese Sandwich, and Yogurt, Cheese, Cracker Grab –n- Go