

<p>Sept 5</p> <p>No School Labor Day</p>	<p>Beef and Cheese Nachos (Recipe) with Tostito Chips -2 Chicken Patty Sandwich-1</p> <p>Shredded Romaine -1cup Refried Beans -1/2 cup Salsa -2 oz. Peaches-1/2 c</p>	<p>Italian Meatball Sub -1 Chicken Wrap –Recipe (Chicken Strips)</p> <p>Sweet Potato Fries – ½ cup Green Beans -1/2c Pears -1/2</p>	<p>Chicken Smackers -10 Dinner Roll -1 oz Pulled Pork Sandwich -4 oz</p> <p>Broccoli-1/2 cup Pineapple Tidbits- ½ cup</p>	<p>Cheese Ripper-1 (# 13948) Manager's Choice</p> <p>Corn -1/2c Carrots Sticks w/ Dip -1/2 cup Mixed Fruit-12 cup Frozen Fruit Cup- ½ cup</p>
<p>Sept 12</p> <p>Chicken Patty Sandwich (#17117) Hot Dog -1 Ketchup/Mustard - 1 each</p> <p>California Blend-1/2 cup Rosy Applesauce -1/2 cup</p>	<p>Taco Salad with Fritos-1 Taco Sauce/Lite Sour Cream BBQ Beef Rib Sandwich-1</p> <p>Romaine Lettuce -1 cup Black Bean Fiesta- ½ cup Pineapple- ½ cup</p>	<p>French Bread Pizza -1 Marinara Sauce- 2 oz. Bacon Cheeseburger-1 Ketchup/Mustard - 1 each</p> <p>Twister Fries -1/2 cup Ketchup -2 Prince Edward Vegetables-1/2 c Peaches -1/2 cup</p>	<p>Ling's Teriyaki Chicken With Fried Rice Fish Sandwich h-1/Tartar Sauce- 1</p> <p>Diced Carrots -1/2 cup Mandarin Oranges- ½ cup</p>	<p>Grilled Cheese Sandwich Manager's Choice - 2 Gr</p> <p>Mixed Vegetables -1/2 cup Small Romaine Salad Peas-1/2 cup Mixed Fruit- ½ cup 100% Fruit Juice- 6 oz</p>
<p>Sept 19</p> <p>Double Cheeseburger Ketchup/Mustard - 1 each Chicken Patty Sandwich-1</p> <p>Sweet Potato Fries– 1/2 cup Baked Beans-1/2 cup Pears- ½ cup</p>	<p>Smothered Burrito Chicken Philly</p> <p>Romaine Lettuce -1 cup Corn– ½ cup Pineapple Tidbits - ½ cup Sour Cream/Salsa</p>	<p>Turkey & Gravy –6 oz With Dinner Roll -1 oz Pork Chop Sandwich-1 Mayo/ Ketchup /Mustard- 1</p> <p>Mashed Potatoes -1/2 c Gravy-2 oz California Blend Veg.-1/2 c Mixed Fruit- ½ cup</p>	<p>Beef & Broccoli Rice Bowl (recipe) Asian Sauce (JTM) Sloppy Joe on Bun</p> <p>Broccoli-1/2cup Tater Tots– ½ cup Mandarin Oranges – ½ cup</p>	<p>Big Daddy's Bold Pizza Manager's Choice</p> <p>Green Beans- ½ cup Rosy Applesauce -1/2 cup Frozen Fruit Cup- ½ cup</p>
<p>Sept 26</p> <p>Philly Cheese Sandwich -1 Chicken Tenders-4 With Garlic Bread Stick -1</p> <p>Spinach -1/2 cup Cauliflower- ½ cup Peaches-1/2 cup</p>	<p>Chicken Enchilada</p> <p>Sour Cream/Salsa BBQ Beef Rib Sandwich-1</p> <p>Shredded- Romaine Lettuce -1c Corn Salsa- 2 oz Black Bean Fiesta- ½ cup Mixed Fruit- ½ cup</p>	<p>Lasagna Bratwurst/bun Ketchup/Mustard Garlic Toast -11 g. Small Side Salad Prince Edward Blend -1/2 cup Pineapple-1/2 cup</p>	<p>Ling's Teriyaki Chicken With Fried Rice Fish Sandwich h-1/Tartar Sauce- 1 Diced Carrots -1/2 cup Green Beans-1/2 cup Mandarin Oranges- ½ cup</p>	<p>Calzone -1 With Marinara Sauce – 2 oz Manager's Choice</p> <p>Conquest Fries – ½ cup Ketchup -2 Normandy Blend-1/2 cup Mixed Fruit- ½ cup 100 % Juice- 6 oz – ¾ cup</p>

*Contains Pork

Students may take 2 scoops of one vegetable or 2 different vegetables to equal 1 cup

8 oz. nonfat and low fat unflavored milk is served with all meals