

South Bend Community School Corporation

PRIMARY PRODUCTION MENU

November 2016

<p>October 31 Breakfast Whole Grain Breakfast Bun Lunch Sloppy Joe/Bun-3.63 oz by weight Maple Roasted Sweet Potatoes- ½ cup Pineapple Tidbits-1/2 cup</p>	<p>Breakfast Pancake on a Stick-1 Lunch Burrito Seasoned Black Beans-1/2 c Peaches- 1/2c</p>	<p>Breakfast Breakfast Sliders-1 Lunch Cheesy Breadstick -1 (#13948) with Marinara Sauce – 2 oz Green Beans-1/2c Diced Pears-1/2c</p>	<p>Breakfast Eggstravaganza -1/2 cup with Toast -1 Lunch Chicken Nuggets –4 W/ BBQ Sauce 1 oz Dinner Roll Cheesy Broccoli-½ cup Rosy Applesauce – ½ cup</p>	<p>Breakfast Eggo Mini Maple Pancakes-1 Lunch Hot Dog on a Bun Baked Beans Celery Sticks-1/2 cup With Dip Frozen Fruit Cup</p>
<p>November 7 Breakfast Apple Cinnamon Toast-1 Lunch Chicken Patty on a Bun -1 (#17117) Sweet Potato Fries Green Beans- ½ cup Mixed Fruit- 1/2c</p>	<p>NO SCHOOL</p>	<p>Breakfast Breakfast Pizza-1 Lunch Cheese & Pepperoni Bites -8 pc. Spinach Romaine Salad – 1 cup With Grape Tomato- 1 with Dressing – 12 gr Pears - 1/2c</p>	<p>Breakfast Maple Pancake on a Stick-1 Lunch Lings Orange Chicken Schwan's Rice or Recipe Peas and Carrots 1/2c Mandarin Oranges-1/2 cup</p>	<p>Breakfast Eggo Cinnamon Waffles-1 Lunch Grilled Cheese Sandwich -1 Potato Cubes - 1/2 cup Pineapple Tidbits -1/2c</p>
<p>November 14 Breakfast Whole Grain Pop Tart-1 Lunch Corn Dog/Mini Corn Dogs -1 Baked Beans-1/2 cup Potato Cubes-1/2 cup Peaches -1/2c</p>	<p>Breakfast Breakfast Pizza Lunch Nacho Lil' Bites- 8 pc. Spinach Romaine Salad – 1c With Grape Tomato- 1 with Dressing – 12 gr Refried Beans Peaches-1 /2 c. Fresh Fruit</p>	<p>Breakfast Breakfast Boat -1 Lunch Spaghetti W/ Meat Sauce- 1 Garlic Bread -1 Spinach Romaine Salad – 1 cup w/ Cucumber Green Beans-1/2 cup Diced Pears -1/2c</p>	<p>Breakfast Apple Cinn Benefit Bar L/unch Turkey & Gravy –6 oz With Dinner Roll -1 oz Mashed Potatoes -1/2 c Gravy-2 oz California Blend Veg.-1/2 c Mixed Fruit- ½ cup</p>	<p>Breakfast Eggo Maple Waffles -1 Lunch Mac & Cheese Peas-1/2 cup Frozen Fruit Cup (4 oz) - ½ cup</p>
<p>November 21 Breakfast: WG Breakfast bun Lunch Cheeseburger Seasoned Potato Cubes-½ cup Diced Peaches - ½ cup</p>	<p>Breakfast Ham & Cheese Bites -4 Lunch French Toast -1 With Sausage Patty-1(GFS-Jones 80 servings) Seasoned Potato Cubes-1/2 c Cinnamon Applesauce -1/2 c</p>	<p>NO SCHOOL</p>	<p>Thanksgiving Day</p>	<p>NO SCHOOL</p>
<p>November 28 Breakfast Strawberry Bagel-ful -1 Lunch Chicken Tenders-3 with Dinner Roll -1 Mashed Potatoes 1/2c Gravy – 2 oz Green Beans-1/2 cup Cinnamon Applesauce- ½ c</p>	<p>Breakfast Eggstravaganza -1/2 cup with Toast -1 Lunch Chicken Enchilada Shredded Romaine Lettuce Black Beans Fiesta Salsa/Sour Cream Mixed Fruit-1/2 c</p>	<p>Breakfast Blueberry Pancake on a Stick-1 Lunch* Pizza -1 Fresh Broccoli Florets 1/2c Fresh Cauliflower Florets- ½ cup Ranch Dip – 1 oz Pears-1 /2 c. Fresh Fruit</p>		

*Contains Pork Students may take 2 scoops of one vegetable or 2 different vegetables to equal 1 cup 8 oz. nonfat and low fat unflavored milk is served with all meal Menu Notes: Offered Daily: Milk Assortment, Chef Salad, PBJ Sandwich, Cheese Sandwich, and Yogurt, Cheese, Cracker Grab –n- Go