

# November 2017

# South Bend Community Schools

# LUNCH



### School Information: Head Start/Pre-K

This institution is an equal opportunity provider.

*Esta institución es un proveedor que ofrece igualdad de oportunidades.*



### Menu Notes: \*Contains Pork

4 oz. Juice and/or Fresh Fruit served w/Breakfast

WG Cereal w/WG Crackers available at Breakfast

8 oz. nonfat and low fat unflavored milk is served with all meals

## Monday



## Tuesday

## Wednesday

## Thursday

## Friday

Lunch  
Cheese Pizza  
Broccoli  
Mixed Fruit  
**Breakfast**  
Cinnamon Mini Bagels

6

Lunch  
Crispy Chicken Fillet on  
WG Bun  
Garden Vegetables  
Diced Pears  
**Breakfast**  
WG Cereal

7

Lunch  
Popcorn Chicken w/  
WG Dinner Roll  
Maple Baked Beans  
Peaches  
**Breakfast**  
WG Sausage Brk Toast

8

Lunch  
Vegetarian Chili w/Beans  
WG Dinner Roll  
Whole Kernel Corn  
Applesauce  
**Breakfast**  
Breakfast Wrap

9

Lunch  
Home Style Salisbury w/  
Gravy  
Mashed Potatoes  
Pineapple  
**Breakfast**  
Mini Cinnamon Waffles

10

Lunch  
Chicken Tender w/  
Potato Wedges  
WG Dinner Roll  
Diced Peaches  
**Breakfast**  
French Toast

13

Lunch  
Rotini Bake w/Meatsauce  
Green Beans  
Diced Pears  
**Breakfast**  
WG Cereal

14

Lunch  
Pepperoni Pizza  
Broccoli  
Mixed Fruit  
**Breakfast**  
Cinnamon Mini Bagels

15

Lunch  
Santa Fe Chicken  
WG Chips  
Garden Vegetable  
Pineapple  
**Breakfast**  
Breakfast Wrap

16

Lunch  
Ranch Turkey Burger on  
WG Bun  
Maple Baked Beans  
Applesauce  
**Breakfast**  
Mini Cinnamon Waffles

17

Lunch  
Pizza Dippers  
Marinara Dipping Sauce  
Green Beans Vegetables  
Peaches  
**Breakfast**  
Mini Blueberry Pancakes

20

Lunch  
Turkey w/Gravy, Stuffing  
Mashed Potatoes  
Garden Vegetables  
Mixed Fruit  
**Breakfast**  
WG Cereal

21

22

Happy  
Thanksgiving

23

24

Lunch  
WG Baked Chicken Nuggets  
w/Potato Rounds  
WG Dinner Roll  
Diced Peaches  
**Breakfast**  
Breakfast Pizza

27

Lunch  
Cheese Pizza  
Diced Carrots  
Pears  
**Breakfast**  
WG Cereal

28

Lunch  
Chicken Taco w/WG Shell  
Garden Vegetables  
Mixed Fruit  
**Breakfast**  
WG Sausage Cheese Breakfast Rounds

29

Lunch  
Crispy Chicken Fillet on  
WG Bun  
Broccoli  
Pineapple  
**Breakfast**  
Breakfast Wrap

30

