

MAY 2018

SOUTH BEND COMMUNITY SCHOOLS PRIMARY

Students may take 2 of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat flavored & unflavored milk is served with all meals. Offered Daily: Chef Salad, PBJ Sandwich, Cheese Sandwich, and Yogurt, Cheese, Cracker Grab –n- Go

Monday



Tuesday

Wednesday

Thursday

Friday

Lunch
Burrito
Corn
Applesauce
Breakfast
Smoothie or Yogurt w/WG Cracker

Lunch
Mozzarella sticks w/Marinara
Green Beans
Fresh Fruit
Breakfast
Eggstravaganza w/Toast

Lunch
Smackers w/Mashed Potatoes w/Gravy & WG Dinner Roll
Cooked Carrots
Diced Peaches
Breakfast
Breakfast Wrap

Lunch
Fiestada Pizza
Black Bean Fiesta
Frozen Fruit Cup
Breakfast
WG Mini Waffle

Lunch
Sloppy Joe/ WG Bun
Sweet Potato Fries
Pineapple Tidbits
Breakfast
WG Breakfast Pizza

Lunch
WG French Toast
Sausage
Seasoned Potato Cubes
Cinnamon Applesauce
Breakfast
Smoothie or Yogurt w/WG Crackers

Lunch
WG Pizza
Broccoli
Fresh Fruit
Breakfast
WG Sausage Cheese Round

Lunch
Chicken Waffle Bites w/WG Dinner Roll
Mashed Potatoes & Gravy
Green Beans
Peaches
Breakfast
WG Breakfast Wrap

Lunch
WG Grilled Cheese
Peas
Frozen Fruit Cup
Breakfast
Mini Maple Waffles

Lunch
Chicken Tenders
WG Dinner Roll
Green Beans
Diced Peaches
Breakfast
Taco to Go

Lunch
Beef & Cheese Nachos
WG Tostito Chips
Corn
Mixed Fruit
Breakfast
Smoothie or Yogurt w/WG Cracker

Lunch
Chicken Patty on WG Bun
Broccoli
Strawberries
Breakfast
WG Sausage Toast

Lunch
Cheese Burger on WG Bun
French Fries
Carrots
Diced Pears
Breakfast
WG Breakfast Slider

Lunch
Fish Patty on WG Bun
Baked Beans
Applesauce
Breakfast
French Toast

Lunch
Hot Dog on WG Bun
Sweet Potato Fries
Diced Peaches
Breakfast
WG Breakfast Pizza

Lunch
Walking Taco
Shredded Romaine Lettuce
Corn
Diced Pears
Breakfast
Smoothie or Yogurt w/WG Cracker

Lunch
WG Pizza
Broccoli
Fresh Fruit
Breakfast
Mini Cinnamon Bagel

Lunch
Chicken Waffle Bites w/Dinner Roll
Mashed Potatoes w/Gravy
Peas and Carrots
Applesauce
Breakfast
WG Breakfast Wrap

Lunch
Cheese Rippers
Green Beans
Mixed Fruit
Breakfast
WG Mini Cinnamon Waffles

Lunch
Chicken Tenders
WG Dinner Roll
Corn
Diced Peaches
Breakfast
Taco to Go

Lunch
Soft Shell Taco
Black Bean Fiesta
Diced Pears
Breakfast
Smoothie or Yogurt w/WG Cracker

Lunch
Fish Sticks w/Dinner Roll
Cheesy Broccoli
Pineapple Tidbits
Breakfast
Pancake on a Stick

Lunch
Hamburger on WG Bun
Sweet Potato Fries
Mixed Fruit
Breakfast
WG French Toast



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Esta institución es un proveedor que ofrece igualdad de oportunidades*