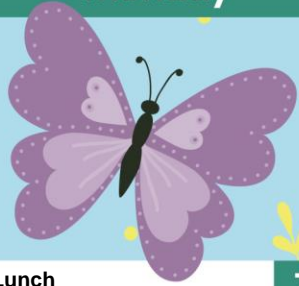


MAY 2018

SOUTH BEND COMMUNITY SCHOOLS PRIMARY HEADSTART /Pre-K

Students may take 2 of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat flavored & unflavored milk is served with all meals. Offered Daily: Chef Salad, PBJ Sandwich, Cheese Sandwich, and Yogurt, Cheese, Cracker Grab –n- Go

Monday



Tuesday

Wednesday

Thursday

Friday

Lunch
Chicken Tenders W/Potato Wedges
Dinner Roll
Pineapple Tidbits
Breakfast
WG Breakfast Pizza

Lunch
Salisbury Steak w/Gravy
Mashed Potatoes
Dinner Roll
Breakfast
Smoothie or Yogurt w/WG Crackers

Lunch
Crispy Chicken Filet on WG Bun
Garden Vegetables
Fresh Fruit
Breakfast
WG Sausage Cheese Round

Lunch
Beef & Cheese Burrito
Whole Kernel Corn
Peaches
Breakfast
WG Breakfast Wrap

Lunch
Pepperoni Pizza
Broccoli
Frozen Fruit Cup
Breakfast
Mini Maple Waffles

Lunch
Pizza Dippers
Marinara Dipping Sauce
Whole Kernel Corn
Diced Peaches
Breakfast
Taco to Go

Lunch
Ranch Turkey Burger on WG Bun
Maple Baked Beans
Mixed Fruit
Breakfast
Smoothie or Yogurt w/WG Cracker

Lunch
Crispy Chicken Tenders
Dinner Roll
Broccoli
Strawberries
Breakfast
WG Sausage Toast

Lunch
Rotini Bake
Garlic Toast
Green Beans
Diced Peaches
Breakfast
WG Breakfast Slider

Lunch
Hot Dog on WG Bun w/Potato Rounds
Applesauce
Breakfast
French Toast

Lunch
Chicken Nuggets w/Potato Rounds
Dinner Roll
Diced Peaches
Breakfast
WG Breakfast Pizza

Lunch
Vegetarian Chili w/Beans
WG Chip (1)
French Fries
Diced Peaches
Breakfast
Smoothie or Yogurt w/WG Cracker

Lunch
Cheese Pizza
Broccoli
Fresh Fruit
Breakfast
Mini Cinnamon Bagel

Lunch
BBQ Chicken on WG Bun
Garden Vegetables
Applesauce
Breakfast
WG Breakfast Wrap

Lunch
Soft Shell Taco
Whole Kernel Corn
Mixed Fruit
Breakfast
WG Mini Cinnamon Waffles

Lunch
Pepperoni Pizza
Green Beans
Diced Peaches
Breakfast
Smoothie or Yogurt w/WG Cracker

Lunch
Popcorn Chicken
Dinner Roll
Mixed Vegetables
Pineapple Tidbits
Breakfast
Pancake on a Stick

Lunch
Cheeseburger on WG Bun
French Fries
Mixed Fruit
Breakfast
WG French Toast

Lunch
Cheeseburger on WG Bun
French Fries
Mixed Fruit
Breakfast
WG French Toast



*This institution is an equal opportunity provider.
Esta institución es un proveedor que ofrece igualdad de oportunidades*