

JANUARY 2018

Primary Menu

South Bend Community Schools

Students may take 2 of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat flavored & unflavored milk is served with all meals.

Offered Daily: Chef Salad, PBJ Sandwich, Cheese Sandwich, and Yogurt, Cheese, Cracker Grab -n- Go

Monday

Menu Notes: *Contains Pork
4 oz. Juice and/or Fresh Fruit served w/Breakfast
WG Cereal w/WG Crackers available at Breakfast

Lunch
Sloppy Joe/ WG Bun
Sweet Potatoes Fries
Pineapple Tidbits
Breakfast
WG Breakfast Pizza

No School

Lunch
Chicken Nuggets w/Dinner Roll
Maple Roasted Sweet Potato
Diced Peaches
Breakfast
WG French Toast

Lunch
Chicken Patty w/WG Bun
Baked Beans
Diced Peaches
Breakfast
WG Mini Blueberry Pancakes

Tuesday

Lunch
WG French Toast
Sausage Patty
Seasoned Potato Cubes
Cinnamon Applesauce
Breakfast
Smoothie or Yogurt w/WG Crackers

Lunch
Beef & Cheese Nachos
WG Tostito Chips
Corn
Mixed Fruit - ½ cup
Breakfast
Smoothie or Yogurt w/WG Cracker

Lunch
Taco Salad w/WG Eatable Bowl
Shredded Romaine Lettuce
Refried Beans
Diced Peas
Breakfast
Smoothie or Yogurt w/WG Cracker

Lunch
Burrito
Corn.
Applesauce
Breakfast
Smoothie or Yogurt w/WG Cracker

Wednesday

Lunch
WG Pizza
Broccoli
Fresh Fruit
Breakfast
WG Sausage Cheese Round

Lunch
Chicken Patty on WG Bun
Baked Beans
Fresh Fruit
Breakfast
WG Sausage Toast

Lunch
WG Pizza
Broccoli
Fresh Fruit
Breakfast
Mini Cinnamon Bagel

Lunch
Mozzarella sticks w/Marinara
Spinach Romaine Salad
Green Beans
Fresh Fruit
Breakfast
Eggstravaganza w/Toast

Thursday

Lunch
Turkey & Gravy w/WG Dinner Roll
Mashed Potatoes & Gravy
Green Beans
Peaches
Breakfast
WG Breakfast Wrap

Lunch
Cheese Burger on WG Bun
Sweet Potato Fries
Diced Peas
Breakfast
WG Breakfast Slider

Lunch
Lings Orange Chicken
Brown Rice
Peas and Carrots
Mandarin Oranges
Breakfast
WG Breakfast Wrap

Friday

Lunch
WG Grilled Cheese
Peas
Frozen Fruit Cup
Breakfast
Mini Maple Waffles

Lunch
WG Fish Sticks w/WG Dinner Roll
Cheesy Broccoli
Applesauce
Breakfast
Un crustable

Lunch
Hot Dog w/WG Bun
Baked Beans
Frozen Fruit Cup
Breakfast
WG Mini Cinnamon Waffles

*This institution is an equal opportunity provider.
Esta institución es un proveedor que ofrece igualdad de oportunidades*