

JANUARY 2018

Primary II Menu

South Bend Community Schools

Students may take 2 of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat flavored & unflavored milk is served with all meals.

Offered Daily: Chef Salad, PBJ Sandwich, Cheese Sandwich, and Yogurt, Cheese, Cracker Grab –n- Go

Monday

Menu Notes: *Contains Pork
4 oz. Juice and/or Fresh Fruit served w/Breakfast
WG Cereal w/WG Crackers available at Breakfast

Lunch
Country Chicken Combo
Garden Vegetables
Dinner Roll
Pineapple Tidbits
Breakfast
WG Breakfast Pizza

No School

Lunch
Pizza Dipper
Marinara Sauce
Garden Vegetables
Diced Peaches
Breakfast
WG French Toast

Lunch
WG Chicken Nuggets w/
Potato Rounds
Dinner Roll
Diced Peaches
Breakfast
WG Mini Blueberry Pancakes

Tuesday

Lunch
Cheese Pizza
Green Beans
Cinnamon Applesauce

Breakfast
Smoothie or Yogurt w/WG Crackers

Lunch
WG Chicken Nuggets w/
Potato Rounds
Dinner Roll
Mixed Fruit
Breakfast
Smoothie or Yogurt w/WG Cracker

Lunch
Chicken Drumstick w/
Potato Rounds
Dinner Roll
Diced Peaches
Breakfast
Smoothie or Yogurt w/WG Cracker

Lunch
Toasted Cheese Sandwich
Tomato Soup
Applesauce
Breakfast
Smoothie or Yogurt w/WG Cracker

Wednesday

Lunch
Chili
Carrots
Dinner Roll
Mixed Fruit
Breakfast
WG Sausage Cheese Round

Lunch
Cheeseburger on WG Bun
Whole Kernel Corn
Pineapple Tidbits
Breakfast
WG Sausage Toast

Lunch
Taco Meat
WG Chips
Refried Beans
Mixed Fruit
Breakfast
Mini Cinnamon Bagel

Lunch
Crispy Chicken Fillet on WG Bun
Maple Baked Beans
Mixed Fruit
Breakfast
Eggstravaganza w/Toast

Thursday

Lunch
Ranch Turkey Burger
On WG Bun
Broccoli
Peaches
Breakfast
WG Breakfast Wrap

Lunch
Cheesy Chicken Vegetable Stew
Dinner Roll
Broccoli
Pears
Breakfast
WG Breakfast Slider

Lunch
Popcorn Chicken
Broccoli
Dinner Roll
Mandarin Oranges
Breakfast
WG Breakfast Wrap

Friday

Lunch
Hot Dog w/
Potato Rounds
Pears
Breakfast
Mini Maple Waffles

Lunch
Bagel Dog
Garden Vegetables
Applesauce
Breakfast
Unrustable

Lunch
Salisbury Steak w/Gravy
Mashed Potatoes
Dinner Roll
Apple Sauce
Breakfast
WG Mini Cinnamon Waffles

*This institution is an equal opportunity provider.
Esta institución es un proveedor que ofrece igualdad de oportunidades*