

# FEBRUARY 2018

Head Start/Pre-K

South Bend Community Schools

Students may take 2 of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat flavored & unflavored milk is served with all meals.

Offered Daily: Chef Salad, PBJ Sandwich, Cheese Sandwich, and Yogurt, Cheese, Cracker Grab –n- Go

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Lunch** **5**  
Popcorn Chicken  
WG Dinner Roll  
French Fries  
Pineapple Tidbits  
**Breakfast**  
WG Breakfast Pizza

**Lunch** **6**  
Rotini Bake w/Meatsauce  
WG Dinner Roll  
Green Beans  
Cinnamon Applesauce  
**Breakfast**  
WG Cereal

**Lunch** **7**  
Ranch Turkey Burger on WG Bun  
Maple Baked Beans  
Pears  
**Breakfast**  
WG Sausage Cheese Round

**Lunch** **1**  
Sausage Pizza  
Broccoli  
Pineapple  
**Breakfast**  
Breakfast Wrap

**Lunch** **2**  
Southwestern Black Bean & Cheese Burrito  
Whole Kernel Corn  
Applesauce  
**Breakfast**  
French Toast

**Lunch** **12**  
Chicken Tenders  
WG Dinner Roll  
Green Beans  
Diced Peaches  
**Breakfast**  
Taco to Go

**Lunch** **13**  
Pancakes & Sausage  
Tropical Veggie Juice  
Mixed Fruit - ½ cup  
**Breakfast**  
WG Cereal

**Lunch** **14**  
3 Cheese Panini  
French Fries  
Pineapple  
**Breakfast**  
WG Sausage Toast

**Lunch** **8**  
Pepperoni Pizza  
Broccoli  
Peaches  
**Breakfast**  
WG Breakfast Wrap

**Lunch** **9**  
Cheeseburger Flatbread  
Maple Butter Carrots  
Frozen Fruit Cup  
**Breakfast**  
Mini Maple Waffles

**Lunch** **15**  
Taco Meat w/WG Soft Shell  
Refried Beans  
Diced Peaches  
**Breakfast**  
WG Breakfast Slider

**Lunch** **16**  
Cheese Pizza  
Broccoli  
Applesauce  
**Breakfast**  
Uncrustable

**Lunch** **19**

**Lunch** **20**  
WG Chicken Nuggets w/ Potato Rounds  
WG Dinner Roll  
Diced Peaches  
**Breakfast**  
WG Cereal

**Lunch** **21**  
Charbroiled Hamburger on WG Bun  
Maple Butter Carrots  
Peaches  
**Breakfast**  
Mini Cinnamon Bagel

**Lunch** **22**  
Texas Chili  
Chips  
French Fries  
Mandarin Oranges  
**Breakfast**  
WG Breakfast Wrap

**Lunch** **23**  
Pizza Dippers  
Marinara Dipping Sauce  
Broccoli  
Pineapple Tidbits  
**Breakfast**  
WG Mini Cinnamon Waffles

**Lunch** **26**  
Country Chicken Combo  
WG Dinner Roll  
Whole Kernel Corn  
Diced Peaches  
**Breakfast**  
WG Mini Blueberry Pancakes

**Lunch** **27**  
**Pepperoni Pizza**  
Broccoli  
Applesauce  
**Breakfast**  
WG Cereal

**Lunch** **28**  
BBQ Chicken on WG Bun  
Garden Vegetables  
Diced Peaches  
**Breakfast**  
Eggstravaganza w/Toast

*This institution is an equal opportunity provider.  
Esta institución es un proveedor que ofrece igualdad de oportunidades*

