

<p>November 28 Boom Boom Chicken Chunks-5 *Pulled Pork Sandwich -4 oz Garlic Bread -1 Cheesy Broccoli -1/2 cup Diced Pears- 1/2cup</p>	<p>Smothered Burrito Chicken Philly Sandwich Refried Beans-1/2c Romaine Lettuce Pineapple Tidbits - ½ cup</p>	<p>Spaghetti W/ Meat Sauce- 1 Garlic Bread -1 Bacon Cheeseburger-1 Ketchup/Mustard - 1 each California Blend Veg.-1/2 c Mixed Fruit- ½ cup</p>	<p>Chicken Sandwich (Proview) Gilardi Cheesy Breadsticks-2 With Marinara Sauce – 2 oz Potato Wedges Cheesy Broccoli-1/2 cup Applesauce- ½ cup</p>	<p>Sept 12 BD Pizza Manager's Choice Corn ½ cup Carrot Sticks w/dip-1/2 cup Mixed Fruit-12 cup 100% Fruit Juice- 6 oz</p>
<p>December 5 Dilled Chicken Breast Sandwich (Proview) Gyro w/Cucumber Sauce Romaine Side Salad Broccoli-1/2 cup Rosy Applesauce -1/2 cup</p>	<p>Beef and Cheese Nachos (recipe) with Tostito Chips -2 Hot Dog -1 Shredded Romaine -1cup Black Beans Fiesta -1/2 cup Pears-1/2 cup Salsa -2 oz.</p>	<p>Ling's General Tso Chicken With Rice Fish Sandwich-1/Tartar Sauce- 1 Diced Carrots -1/2 cup Mandarin Oranges- ½ cup</p>	<p>Quesadilla Cheese Burger w/Pico French Bread Pizza -1 Marinara Sauce- 2 oz. Potato Wedges Corn -1/2c Pears -1/2</p>	<p>Ham & Cheese Stuffer Manager's Choice - 2 Gr Spinach -1/2 cup Baby Carrots w/ Dip – ¾ cup Mixed Fruit- ½ cup 100% Fruit Juice- 6 oz</p>
<p>December 12 Big Daddy's School Pizza Chicken Waffle Bites-10 g. w/Garlic Bread Stick Side Salad w/cucumbers Cooked Carrots Applesauce -1/2 cup</p>	<p>Soft Shell Tacos Taco Sauce/Lite Sour Cream BBQ Beef Rib Sandwich-1 Romaine Lettuce -1 cup Refried Beans- ½ cup Pears- ½ cup</p>	<p>Beef & Broccoli Rice Bowl Chicken Tenders-4 With Garlic Bread Stick -1 Brown Rice-1c Green Beans -1/2c Mandarin Oranges -1/2 cup</p>	<p>Shrimp Poor Boy Sandwich w/ Boom Boom Sauce *Pork Chop Sandwich-1 Mayo/ Ketchup /Mustard- California Blend Veg.-1/2 c Peaches- ½ c</p>	<p>Calzone -1 Manager's Choice Cooked Carrots – ½ cup Ketchup -2 Side Salad w/veggie Mixed Fruit- ½ cup Frozen Fruit Cup- ½ cup Marinara Sauce – 2 oz</p>
<p>December 19 Chicken Chunks -5 (Proview) *Pulled Pork Sandwich Dinner Roll-1 oz Cheesy Broccoli-1/2 cup Mandarin Oranges 1/2 c</p>	<p>Chicken Enchilada Sour Cream/Salsa *Bratwurst/Bun Shredded- Romaine Lettuce -1c Corn Salsa- 2 oz. Black Bean Fiesta- ½ cup Pears- ½ cup</p>	<p>Baked Chicken w/Dinner Roll Mashed Potatoes -1/2 c Gravy-2 oz. California Blend Veg.-1/2 c Pineapple- ½ cup Special Treat</p>	<p>Potato Encrusted Fish. Mac-n Cheese 3 oz. Beef & Cheese Philly Peas -1/2c Prince Edward Blend -1/2 cup Peaches-1/2 cup</p>	<p>Jalapeno Stuffed Sandwich (The Fathers Table) Manager's Choice Sweet Potato Fries -1/2 cup Normandy Blend-1/2c Mixed Fruit- ½ cup 100% Fruit Juice- 6 oz</p>
<p>December 25</p>				

*Contains Pork

Students may take 2 scoops of one vegetable or 2 different vegetables to equal 1 cup

8 oz. nonfat and low fat unflavored milk is served with all meals