

DECEMBER 2017

Primary Menu

South Bend Community Schools

Students may take 2 scoops of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat unflavored milk is served with all meals.
Offered Daily: Chef Salad, PBJ Sandwich, Cheese

Monday

Tuesday

Wednesday

Thursday

Friday



Lunch 4
WG Chicken Tenders
w/WG-Dinner Roll
Baked Beans
Pineapple Tidbits
Breakfast
Cinnamon Mini Bagels

Lunch 5
Taco Salad w/WG Eatable Bowl
Shredded Romaine Lettuce
Corn
Diced Pears
Breakfast
Go Big Yogurt w/WG Crackers

Lunch 6
WG Pizza
Carrots
Fresh Fruit
Breakfast
WG Sausage Breakfast Toast

Lunch 7
Cheeseburger on WG Bun
Fries
Peas and Carrots
Mandarin Oranges
Breakfast
Breakfast Wrap

Lunch 1
Mini Corn Dog
Green Beans
Mixed Fruit
Breakfast
Uncrustables

Lunch 8
WG Fish Sticks
w/WG Dinner Roll
Cheesy Broccoli
Frozen Fruit Cup
Breakfast
Mini Cinnamon Waffles

Lunch 11
Chicken Nuggets w/Dinner Roll Maple
Roasted Sweet Pot.
Diced Peaches
Breakfast
French Toast

Lunch 12
Burrito
Shredded Romaine Lettuce
Corn
Diced Pears
Breakfast
Go Big Yogurt w/WG Crackers

Lunch 13
Sloppy Joe on WG Bun
Broccoli
Fresh Fruit
Breakfast
Breakfast Pizza

Lunch 14
Baked Chicken w/ Baked Dinner Roll
Mashed Potatoes w/Gravy
Green Beans
Rosy Applesauce
Holiday Treat
Breakfast
Gingerbread Breakfast Cookies

Lunch 15
Hot Dog w/WG Bun
Baked Beans
Frozen Fruit Cup
Breakfast
Mini Cinnamon Waffles

Lunch 18
Fish Patty on WG Bun
Baked Beans
Pineapple
Breakfast
Mini Blueberry Pancakes

Lunch 19
Beef & Cheese Nachos
WG Tostito Chips Corn
Applesauce
Breakfast
Smoothie/WG Crackers

Lunch 20
Mozzarella sticks w/Marinara Sauce
Spinach Romaine Salad
w/ Cucumber
Green Beans
Mixed Fruit
Breakfast
Eggstravaganza w/Toast

Lunch 21
Chicken Patty w/WG Bun
Broccoli
Diced Peaches
Breakfast
WG Breakfast Slider

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Menu Notes: *Contains Pork 25
4 oz. Juice and/or Fresh Fruit served
w/Breakfast
WG Cereal w/WG Crackers available at
Breakfast

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Esta institución es un proveedor que ofrece igualdad de oportunidades*