

DECEMBER 2017

8 oz. nonfat and low fat unflavored milk is served with all meals.

South Bend Community Schools

HeadStart/Pre-K

Monday

Tuesday

Wednesday

Thursday

Friday



Lunch
Chicken Dippers W/Dipping Sauce
Chips
Diced Carrots
Pineapple Tidbits
Breakfast
Cinnamon Mini Bagels

4

Lunch
Bean & Cheese Burrito
Mixed Vegetables
Diced Pears
Breakfast
Cereal

5

Lunch
Pepperoni Pizza
Broccoli
Mixed Fruit
Breakfast
WG Sausage Breakfast Toast

6

Lunch
Popcorn Chicken w/ WG Roll
French Fries
Mandarin Oranges
Breakfast
Breakfast Wrap

7

Lunch
Crispy Chicken Fillet on WG Bun
Whole Kernel Corn
Mixed Fruit
Breakfast
Mini Maple Waffles

1

Lunch
Cheeseburger on WG Bun
Maple Baked Beans
Applesauce
Breakfast
Mini Cinnamon Waffles

8

Lunch
WG Chicken Nuggets w/WG Roll
Potato Rounds
Diced Peaches
Breakfast
French Toast

11

Lunch
Wagon Wheel Pasta w/Meatsauce
WG Garlic Toast
Broccoli
Diced Pears
Breakfast
Cereal

12

Lunch
Chicken Pot Pie w/Dinner Roll
Fruitable Juice
Pineapples
Breakfast
Breakfast Pizza

13

Lunch
Cheese Pizza
Broccoli
Rosy Applesauce
Breakfast
Strawberry Mini Bagels

14

Lunch
Bagel Dog
Baked Beans
Mixed Fruit
Breakfast
Mini Cinnamon Waffles

15

Lunch
Pizza Dippers
Marinara Dipping Sauce
Green Beans
Pineapple
Breakfast
Mini Blueberry Pancakes

18

Lunch
Crispy Chicken Fillet on WG Bun
Whole Kernel Corn
Applesauce
Breakfast
Cereal

19

Lunch
Taco Scoops w/WG Chip
Broccoli
Mixed Fruit
Breakfast
WG Breakfast Wrap

20

Lunch
WG Grilled Cheese Sandwich
Fruitable Juice
Diced Peaches
Breakfast
WG Breakfast Slider

21

22

Menu Notes: *Contains Pork
4 oz. Juice and/or Fresh Fruit served w/Breakfast
WG Cereal

25

26

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28

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*This institution is an equal opportunity provider.
Esta institución es un proveedor que ofrece igualdad de oportunidades*