South Bend Community School Corporation

Intermediate Production Menu

August 2016

outh bend Community Sch	oor corporation	intermediate i roduction w		August 2010
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 15 No School	Aug 16 No School	Aug 17 Calzone-1 Marinara Sauce-2oz. Bratwurst on bun-1 (ketchup & mustard) Corn -1/2 cup Baked Beans – ½ cup Peaches- ½ cup	Aug 18 Asian Chicken Stir Fry (recipe) (Smackers) With Brown Rice- ½ cup Grilled Cheese Stuffwich Green Beans- 1/2 cup Mandarin Oranges – ½ cup	Aug 19 Pizza (BD Bold PreSliced) Corn Dog-1 (ketchup & mustard) Cooked Carrots -3/4 cup Mixed Fruit-1/2c Frozen Fruit Cup-1
Aug 22 Chicken Tenders-4 (Tyson) (BBQ & Ketchup) With Dinner Roll -1 oz Pork Chop Sandwich -1 (Mayo & Ketchup) Sweet Potato Fries-3/4 cup California Blend -1/2 cup Pineapple- Tidbits- ½ cup	Aug 23 Taco Salad w/1 Tostitos or bowl (Taco Sauce & Sour Cream) Chicken Sandwich-1 (Tyson) (mayo, BBQ, ketchup) Shredded Romaine Lettuce -1C Salsa-2 oz Black Bean Fiesta-½ cup Mixed Fruit-½ cup	Aug 24 Penna w/Alfredo Sauce w/Ham - 8 oz With Garlic Bread -1 Hot Dog -1 (Ketchup & Mustard) Golden Corn -1/2 cup Broccoli- 1/2 cup Pears- ½ cup	Aug 25 Chicken Smackers -10 (BBQ & ketchup) With Dinner Roll -1oz Bosco Stick – 2 Marinara Sauce 2 oz. Seasoned Potato Cubes- ½ cup Romaine Side Salad Pears- ½ cup	Aug 26 Bacon Cheeseburger-1 (JTM: Mushroom) (Ketchup & Mustard) Manager's Choice Conquest Fries- ½ cup Baby Carrots w/Dip Rosy Applesauce- ½ cup 100 % Juice- 6 oz - ¾ cup
Aug 29 Chicken Smackers – 10 With Dinner Roll Philly Cheese Sandwich -1 Cheesy Broccoli- 1/2 cup Maple Roasted Sweet Potatoes- 1/2c Pears- ½ cup Cantaloupe Chunks w/ Berries – ½ cup	Aug 30 Beef & Cheese Nachos (JTM) w/Tostito Chips-1 BBQ Beef Rib Sandwich-1 Shredded Romaine Lettuce -1 cup Salsa- 2 oz/Sour Cream Black Bean Fiesta- ½ cup Mixed Fruit- ½ cup	Aug 31 French Bread Pizza-1 Marinara Sauce-2 oz. Sloppy Joe Sandwich -1 Prince Edward Veggies -1/2 cup Cauliflower – ½ cup Pineapple- Tidbits- ½ cup	September 1 Ling's Orange Chicken With Fried Rice (recipe) Fish Sandwich -1 Green Beans- 1/2 cup California Blend Mandarin Oranges – ½ cup	September 2 Chicken Chipotle Gordita-1 Manager's Choice Carrots - ½ cup Celery Sticks- ½ cup w/dip Peaches- ½ cup Frozen Fruit Cup-1

FRIDAY'S - Mangers Choices MUST be at least 2 grain equivalents'. Students may take 2 scoops of fruits and vegetables 8 oz. milk offered with all meals