

Potato Fry 1/4 Ss Long Phantm

[Printer Friendly](#)

SUPC: 7108871

Nutrition Information		
Serving Size: 3 oz. (85 grams)		
Amount Per Serving		
Calories: 150	Calories from Fat: 54	
		% Daily Value*
Total Fat:	6 GM	9%
Saturated Fat:	1 GM	5%
Trans Fat:	0 GM	
Polyunsaturated Fat:	2 GM	
Monounsaturated Fat:	2.5 GM	
Cholesterol:	0 MG	0%
Sodium:	350 MG	15%
Potassium:	210 MG	6%
Total Carbohydrate:	24 GM	8%
Dietary Fiber:	2 GM	8%
Sugars:	0 GM	
Protein:	2 GM	
Vitamin A: 0%	● Vitamin C: 6%	
Calcium: 0%	● Iron: 4%	
* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
Calories per gram:		
Fat 9	● Carbohydrate 4	● Protein 4

Calorie Percentages

▨ PRO - 5%
▨ CHO - 61%
▨ FAT - 34%

Ingredients:
 Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Potato Starch - Modified. Contains 2% or less of Dextrin, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Xanthan Gum.

Notes

- The nutritional values indicated may not be complete based on limited information from product manufacturer.
- This is a representation of the nutrition label. Because the data may change from time to time, this information may not always be identical to the nutrition label information on products sold.
- If the Nutrition Label, Allergen Information and/or Ingredient List on eNutrition conflicts with these three statements on the product packaging itself, defer to the information on the product packaging. To ensure complete and current information on a product, always contact the product manufacturer.
- These items' qualification as "gluten-free" is dependent on the accuracy of the gluten-free representations of the manufacturers of the items and their ingredients. Therefore, Sysco and its affiliates do not guarantee that any item will be completely gluten-free. Consumers with celiac disease and/or gluten sensitivities should exercise proper caution in the consumption of any food items and should always consider their individual dietary requirements and needs.

