

Potato Mash Comp Safe T Can

SUPC: 3677739

Nutrition Information

Serving Size: 2 tbsp dry (26 grams)

Amount Per Serving

Calories: 100

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	30 MG	1%
Potassium:	NA	NA
Total Carbohydrate:	21 GM	7%
Dietary Fiber:	2 GM	8%
Sugars:	1 GM	
Protein:	2 GM	

Vitamin A: 0%

● Vitamin C: 50%

Calcium: 0%

● Iron: 2%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

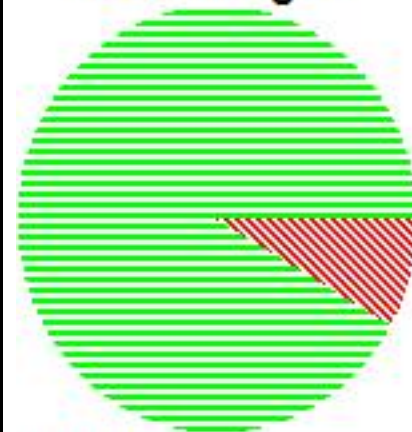


Carbohydrate 4



Protein 4

Calorie Percentages



PRO - 9%
CHO - 91%
FAT - 0%

Ingredients:

Potatoes, Whey Product (Contains one or more of the following: Whey Solids, Sodium Caseinate, Calcium Caseinate, Calcium Phosphate, Calcium Hydroxide), Mono and Diglycerides, Sodium Acid Pyrophosphate, Vitamin C (Ascorbic Acid), Calcium Stearoyl-2-Lactylate. Freshness preserved with Sodium Bisulfite and BHT. Contains Milk Ingredients.

Allergens: Milk

Notes

- The nutritional values indicated may not be complete based on limited information from product manufacturer.
- This is a representation of the nutrition label. Because the data may change from time to time, this information may not always be identical to the nutrition label information on products sold.
- If the Nutrition Label, Allergen Information and/or Ingredient List on eNutrition conflicts with these three statements on the product packaging itself, defer to the information on the product packaging. To ensure complete and current information on a product, always contact the product manufacturer.
- These items' qualification as "gluten-free" is dependent on the accuracy of the gluten-free representations of the manufacturers of the items and their ingredients. Therefore, Sysco and its affiliates do not guarantee that any item will be completely gluten-free. Consumers with celiac disease and/or gluten sensitivities should exercise proper caution in the consumption of any food items and should always consider their individual dietary requirements and needs.