

**Pork Carnitas Meat Prck Cafe H**

Printer Friendly

SUPC: 2814978

Nutrition Information		
Serving Size: 3.53 OZ (100 grams)		
Amount Per Serving		
Calories: 115	Calories from Fat: 36	
		% Daily Value*
<b>Total Fat:</b>	4 GM	6%
Saturated Fat:	1.5 GM	7%
Trans Fat:	NA	NA
Polyunsaturated Fat:	0.5 GM	
Monounsaturated Fat:	2 GM	
<b>Cholesterol:</b>	55 MG	18%
<b>Sodium:</b>	630 MG	26%
<b>Potassium:</b>	360 MG	10%
<b>Total Carbohydrate:</b>	less than 1 GM	0%
Dietary Fiber:	0 GM	1%
Sugars:	0 GM	
<b>Protein:</b>	19 GM	
Vitamin A: 2%	●	Vitamin C: 4%
Calcium: 2%	●	Iron: 6%

\* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:  
Calories per gram:  
Fat 9 ● Carbohydrate 4 ● Protein 4

**Calorie Percentages**

PRO - 67%  
CHO - 2%  
FAT - 31%

**Ingredients:**  
**ADDITIONAL QUALIFYING STATEMENTS:** Prior to Cooking, Marinated Up to 10% with Water, Salt, Orange Juice Concentrate, and Sodium Phosphates. Rubbed with Garlic Powder, Paprika, and Caramel Color.

**Notes**

- The nutritional values indicated may not be complete based on limited information from product manufacturer.
- This is a representation of the nutrition label. Because the data may change from time to time, this information may not always be identical to the nutrition label information on products sold.
- If the Nutrition Label, Allergen Information and/or Ingredient List on eNutrition conflicts with these three statements on the product packaging itself, defer to the information on the product packaging. To ensure complete and current information on a product, always contact the product manufacturer.
- These items' qualification as "gluten-free" is dependent on the accuracy of the gluten-free representations of the manufacturers of the items and their ingredients. Therefore, Sysco and its affiliates do not guarantee that any item will be completely gluten-free. Consumers with celiac disease and/or gluten sensitivities should exercise proper caution in the consumption of any food items and should always consider their individual dietary requirements and needs.