

Beef Barbacoa

[Printer Friendly](#)

SUPC: 0934257

Nutrition Information

Serving Size: 5 OZ (142 grams)

Amount Per Serving

Calories: 220

Calories from Fat: 135

% Daily Value*

Total Fat:	15 GM	23%
Saturated Fat:	6 GM	30%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	75 MG	25%
Sodium:	680 MG	28%
Potassium:	NA	NA
Total Carbohydrate:	2 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	16 GM	

Vitamin A: 10%

● Vitamin C: 2%

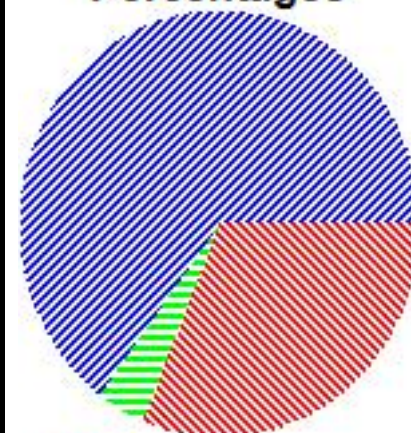
Calcium: 2%

● Iron: 8%

Ingredients:

beef, water, crushed tomatoes in puree (crushed tomatoes, tomato puree, salt, citric acid, calcium chloride), seasoning (chili pepper, red pepper, garlic powder, salt, spices), apple cider vinegar (vinegar reduced with water), salt, onion.

Calorie Percentages



PRO - 31%
CHO - 4%
FAT - 65%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:

Fat 9

● Carbohydrate 4

● Protein 4

Notes

1. The nutritional values indicated may not be complete based on limited information from product manufacturer.
2. This is a representation of the nutrition label. Because the data may change from time to time, this information may not always be identical to the nutrition label information on products sold.

3. If the Nutrition Label, Allergen Information and/or Ingredient List on eNutrition conflicts with these three statements on the product packaging itself, defer to the information on the product packaging. To ensure complete and current information on a product, always contact the product manufacturer.