



# CHILD NUTRITION PROGRAM

19-20

## *FOOD ALLERGY RECOMMENDATIONS*

The Smithtown School District's Child Nutrition Program believes that it is the best interest of a child with a severe food allergy to **bring all foods eaten at school from home**, including lunch and snacks. Parents of food allergic students need to educate their child well, about their specific food allergy and the danger of eating foods at school without knowing the specific ingredients of that food item.

Listed below are recommendations to assist parents in managing their child's food allergy:

- Food trading or sharing in the classroom, the cafeteria, or on the bus should be completely avoided for a food allergic student. Availability of foods at class parties, after school activities, sporting events and dances must also be considered.
- Whether or not the child will be participating in the District's lunch program, a list of foods that the student is allergic to should be provided to the School Nurse, the child's teacher.
- If a parent does choose to have their child participate in the lunch program at school, the parent should first notify the School Nurse, the child's teacher, and the Director of the Child Nutrition Program. Through a combined effort, the school will work with the parent to assist their child in participating in the lunch program.

Parents of food allergic children, interested in having their child eat lunch through the Child Nutrition Program, must speak to Regina Dunne, Director of the Child Nutrition Program for Smithtown CSD. Only, after ingredients have been checked for specific allergens and reviewed with the parent, should a parent consider allowing their child to participate in the lunch program at school. Please call the CN office a week in advance of an item being served, for adequate time to check ingredients. 382-5500

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