





Includes in the ingredients:										
<b>PASTA/PIZZA/RICE</b>	No Allergens	Peanuts	Treenuts	Soy (Includes Oil)	Milk	Eggs	Wheat	Fish & Shellfish	Sesame	Supplemental Allergy Statement (i.e. May have been exposed to...Or may contain...)
Rotini Plus, Whole Grain (Sysco 4706445) (E) (S)						X	X			
Spaghetti Plus, Whole Grain (Sysco 8491276) (E)						X	X			
Pasta Bolognese w/ Meatballs (S)				X	X	X	X			
Pasta w/ Marinara (E) (S)				X	X	X	X			
Parmesan Noodles (E)					X	X	X			
Pasta Alfredo (S)				X	X	X	X			
Cheese Tortellini (S)				X	X	X	X			
Veggie Chow Mein (Chef's Corner TP-001) (E) (S)				X		X	X			
Galaxy Cheese (Schwan's 78474) (E) (S)				X	X		X			
Tony's Chs Pizza, Whole Grain (Schwan's 78697)				X	X		X			
Flatbread Chs Pizza (Schwan's 68503) (E)				X	X		X			
Brown Rice, Whole Grain (Sysco 2451243) (E) (S)	X									
Meat Lover's Pizza (S)				X	X		X		X	
French Bread Pizza (S)				X	X		X			
Cheese Pizza (S)				X	X		X		X	
Pepperoni Pizza (S)				X	X		X		X	
Meatball Calzone (S)				X	X	X	X		X	
Taco Calzone (S)				X	X	X	X			
Tomato, Mozz, Pesto Calzone (S)				X	X	X	X			
Spanish Rice (E) (S)	X									
Pesto Sauce (E) (S)					X					

Includes in the ingredients:										
<b>MORE ENTREES</b>	No Allergens	Peanuts	Treenuts	Soy (Includes Oil)	Milk	Eggs	Wheat	Fish & Shellfish	Sesame	Supplemental Allergy Statement (i.e. May have been exposed to...Or may contain...)
Toasted Cheese Sandwich (E) (S)				X	X		X			
Cheese Quesadilla (Schwan's 88007) (E)				X	X	X	X			
Cheese Enchilada (E) (S)				X	X		X			
Bosco Cheesesticks (Bosco 2108)					X		X			
Veggie Burger (Sysco 2339042)				X		X	X			
Veggie Egg Roll (E) (S)						X	X		X	
Baked Potato w/ Broccoli & Chs (E)					X					
Meatless Bean & Cheese Nachos (E)					X		X			beans may contain soy from facility

Bean & Cheese Burrito (E)				X	X		X			beans may contain soy from facility
Mac & Cheese (Land O Lakes 43280) (E) (S)					X	X	X			
French Toast Sticks w/ Egg				X	X	X	X			
Fish Nuggets (Sysco 2588762) (E) (S)				X	X		X	X		
Fish Tacos (S)				X	X		X	X		
Polish Sausage on a Bun (S)				X	X		X			
BBQ Pork Ribs (S)	X									
Tomato, Mozz, Pesto Sandwich (E) (S)				X	X		X			
Corn Chowder (S)				X	X	X	X			
Clam Chowder (S)				X	X		X	X		
Chef Salad (E) (S)				X	X	X	X			
Minestrone Soup (E)							X	X		
Tostada Salad (E)				X	X	X				

Includes in the ingredients:										
<b>SIDES/EXTRAS</b>	No Allergens	Peanuts	Treenuts	Soy (Includes Oil)	Milk	Eggs	Wheat	Fish & Shellfish	Sesame	Supplemental Allergy Statement (i.e. May have been exposed to...Or may contain...)
Potato, Wedges (USDA A173) (E) (S)	X									
Potato, Rounds (Tater Tots, Puffs) (USDA A204)	X									
Potato, Oven Fries (USDA A210) (E) (S)	X									
Dinner Roll, Whole Wheat (Sysco 7160161) (E) (S)				X			X			
Spanish Rice (E) (S)										may contain nuts from facility
Goldfish Crackers (Sysco 5464276) (E)				X	X		X			may contain nuts from facility
Graham Crackers (Sysco 3156015) (E)				X			X			may contain nuts from facility
Pasta Salad (E)				X	X	X	X			may contain nuts from facility
Fortune Cookie (Sysco 8230843) (E) (S)				X		X	X			may contain nuts from facility
Baked Chips (S)				X		X	X			may contain nuts from facility
Chips & Salsa				X						may contain nuts from facility

Includes in the ingredients:										
<b>BREAD</b>	No Allergens	Peanuts	Treenuts	Soy (Includes Oil)	Milk	Eggs	Wheat	Fish & Shellfish	Sesame	Supplemental Allergy Statement (i.e. May have been exposed to...Or may contain...)
Hamburger Bun, Whole Wheat (E) (S)				X			X			
Hot Dog Bun, Whole Wheat (E) (S)				X			X			

Sandwich Bread, Wheat (E) (S)				X			X		
Sandwich Bread, 7-Grain (S)				X			X		
Sandwich Bread, Wheat Berry (S)				X	X		X		
Sandwich Bread, Sourdough (S)							X		
Sandwich Bread, Hoagie Seed (S)				X			X		X
Sandwich Bread, Milani (S)							X		

Manufactured in a facility that may process products that contain wheat, soy, egg, milk, peanuts and tree nuts.

(E) = Elementary (S) = Secondary

**Allergen Disclaimer:**

Common food allergens (defined by the FDA) are listed herein for each menu item. Categories include:

- Milk/Milk Products
- Wheat/Wheat Products
- Egg/Egg Products
- Peanut/Peanut Products
- Tree Nut/Tree Nut Products
- Soy/Soy Products
- Fish/Fish Products
- Shellfish/Shellfish Products

Product specifications are subject to change and manufacturers are not currently required by law to provide updated ingredient declarations. Though we work diligently with our manufacturers to provide the most accurate information possible, there may occasionally be a time delay in obtaining and posting changes to product specifications. Therefore, persons with severe food allergies or dietary concerns should always ask first before consuming a food item from the cafeteria. Please make sure your school has been notified if your child has any food allergies.