

San Juan Unified School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

ECE LUNCH

Portion Values - Detailed

Page 1

| | Portion Size | Cals (kcal) | Sodm (mg) | Protrn (g) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|---------------|-------------|-----------|------------|----------|-----------|-----------|
| Thu - 03/01/2018 | | | | | | | |
| ECE LUNCH | Total | | | | | | |
| CHICKEN PATTY SANDWICH (TYSON) | 1 EACH | 370 | 910 | 22.0 | 44.0 | 13.0 | 2.00 |
| LETTUCE SHRED (OTH) 1/2 CUP | 1/2 CUP | 3 | 5 | 0.24 | 0.52 | 0.03 | 0.00 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| FRUIT, FRESH VARIETY (ELEMENT) | SVG (1/2 CUP) | 63 | 4 | 0.93 | 16.02 | 0.27 | 0.04 |
| KETCHUP PACKETS (RED GOLD) | 2 PACKETS | 20 | 50 | 0.0 | 4.0 | 0.0 | 0.00 |
| MUSTARD PACKETS (PORTION PAC) | 2 PACKETS | 0 | 130 | 0.0 | 0.0 | 0.0 | 0.00 |
| Weighted Daily Average | | 581 | 1214 | 33.17 | 79.54 | 15.80 | 3.54 |
| % of Calories | | | | 22.8% | 54.8% | 24.5% | 5.5% |
| Nutrient Guideline | | | | | | | |

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|--------------------------------|----------|-----|-----|-------|-------|-------|-------|
| Fri - 03/02/2018 | | | | | | | |
| ECE LUNCH | Total | | | | | | |
| PEPPERONI PIZZA* (ARDELLA'S) | 1 EACH | 315 | 761 | 19.28 | 33.28 | 11.34 | 5.75 |
| CHEESE PIZZA (ARDELLA'S) | 1 EACH | 323 | 606 | 18.79 | 31.87 | 13.77 | 6.22 |
| MANAGER CAN/FROZEN VEG VARIETY | 1/4 CUP | 24 | 40 | 0.85 | 4.53 | 0.1 | 0.00 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MANAGER CANNED FRUIT,VARIETY | 1/4 CUP | 29 | 2 | 0.0 | 7.37 | 0.0 | 0.00 |
| Weighted Daily Average | | 501 | 886 | 29.88 | 60.48 | 15.15 | 7.48 |
| % of Calories | | | | 23.8% | 48.2% | 27.2% | 13.4% |
| Nutrient Guideline | | | | | | | |

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|--------------------------------|--------------|-----|-----|-------|-------|-------|-------|
| Mon - 03/05/2018 | | | | | | | |
| ECE LUNCH | Total | | | | | | |
| TERIYAKI BEEF NUGGETS | 4 EACH | 160 | 440 | 14.0 | 6.0 | 8.0 | 3.50 |
| MIXED VEGGIES (ST) 1/4 CUP | 1/4 CUP | 26 | 23 | 0.75 | 4.12 | 0.0 | 0.00 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| PEARS,CND,EXTRA LITE SYRUP | 1/4 CUP | 30 | 2 | 0.0 | 8.0 | 0.0 | 0.00 |
| ROLL, MINI WHEAT (SHANNON'S) | 1 EACH | 80 | 130 | 2.0 | 15.0 | 1.0 | 0.00 |
| Weighted Daily Average | | 427 | 756 | 26.79 | 49.19 | 11.54 | 5.02 |
| % of Calories | | | | 25.1% | 46.1% | 24.3% | 10.6% |
| Nutrient Guideline | | | | | | | |

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|--------------------------------|---------------|-----|-----|-------|-------|-------|------|
| Tue - 03/06/2018 | | | | | | | |
| ECE LUNCH | Total | | | | | | |
| BURRITO, BEAN (LOS CABOS) | 1 EACH | 296 | 499 | 15.12 | 40.86 | 8.94 | 4.05 |
| CORN, CND (ST) 1/4 CUP | 1/4 CUP | 32 | 8 | 1.0 | 7.5 | 0.5 | 0.00 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| FRUIT, FRESH VARIETY (ELEMENT) | SVG (1/2 CUP) | 63 | 4 | 0.93 | 16.02 | 0.27 | 0.04 |
| Weighted Daily Average | | 523 | 671 | 27.08 | 80.44 | 12.25 | 5.61 |
| % of Calories | | | | 20.7% | 61.6% | 21.1% | 9.7% |
| Nutrient Guideline | | | | | | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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San Juan Unified School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

ECE LUNCH

Portion Values - Detailed

Page 2

| | Portion Size | Cals (kcal) | Sodm (mg) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|---------------|-------------|-----------|-----------|----------|-----------|-----------|
| Wed - 03/07/2018 | | | | | | | |
| ECE LUNCH | Total | | | | | | |
| CHEESE, STRING (LAND O LAKES) | 1 EACH | 60 | 210 | 8.0 | 1.0 | 2.5 | 2.00 |
| DRESSING VARIETY | SVG (2 TSP) | 31 | 96 | 0.0 | 1.16 | 2.96 | 0.49 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| BROCCOLI (DKG) 1/4 CUP | 1/4 CUP | 5 | 5 | 0.53 | 0.9 | 0.06 | 0.01 |
| WOWBUTTER SANDWICH (ALBIE'S) | 1 SANDWICH | 290 | 220 | 9.0 | 28.0 | 16.0 | 3.00 |
| FRUIT, FRESH VARIETY (ELEMENT) | SVG (1/2 CUP) | 63 | 4 | 0.93 | 16.02 | 0.27 | 0.04 |
| Weighted Daily Average | | 580 | 695 | 28.49 | 63.14 | 24.33 | 7.06 |
| % of Calories | | | | 19.6% | 43.5% | 37.7% | 11.0% |
| Nutrient Guideline | | | | | | | |

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|--------------------------------|----------------|-----|-----|-------|-------|-------|------|
| Thu - 03/08/2018 | | | | | | | |
| ECE LUNCH | Total | | | | | | |
| CHICKEN NUGGETS (TYSON) | 5 NUGGETS | 260 | 400 | 16.0 | 16.0 | 15.0 | 2.50 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| CELERY STIX (OTH) 1/4 CUP | SVG (3 STICKS) | 6 | 32 | 0.28 | 1.36 | 0.05 | 0.01 |
| FRUIT, FRESH VARIETY (ELEMENT) | SVG (1/2 CUP) | 63 | 4 | 0.93 | 16.02 | 0.27 | 0.04 |
| KETCHUP PACKETS (RED GOLD) | 2 PACKETS | 20 | 50 | 0.0 | 4.0 | 0.0 | 0.00 |
| MUSTARD PACKETS (PORTION PAC) | 2 PACKETS | 0 | 130 | 0.0 | 0.0 | 0.0 | 0.00 |
| Weighted Daily Average | | 470 | 687 | 27.24 | 51.44 | 17.86 | 4.08 |
| % of Calories | | | | 23.2% | 43.8% | 34.2% | 7.8% |
| Nutrient Guideline | | | | | | | |

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|--------------------------------|---------------|-----|-----|-------|-------|-------|------|
| Fri - 03/09/2018 | | | | | | | |
| ECE LUNCH | Total | | | | | | |
| CORN DOG (FOSTER FARMS) | 1 EACH | 240 | 390 | 9.0 | 30.0 | 8.0 | 2.50 |
| MANAGER BEAN VARIETY | 1/2 CUP | 104 | 140 | 6.25 | 18.5 | 0.75 | 0.00 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| FRUIT, FRESH VARIETY (ELEMENT) | SVG (1/2 CUP) | 63 | 4 | 0.93 | 16.02 | 0.27 | 0.04 |
| Weighted Daily Average | | 538 | 694 | 26.22 | 80.58 | 11.56 | 4.06 |
| % of Calories | | | | 19.5% | 59.9% | 19.3% | 6.8% |
| Nutrient Guideline | | | | | | | |

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|--------------------------------|--------------|-----|-----|------|------|------|------|
| Mon - 03/12/2018 | | | | | | | |
| ECE LUNCH | Total | | | | | | |
| CHICKEN DRUMSTICK (TYSON) | 1 EACH | 190 | 450 | 16.0 | 5.0 | 11.0 | 2.50 |
| PEAS, GREEN (ST) 1/4 CUP | 1/4 CUP | 31 | 29 | 2.0 | 5.5 | 0.0 | 0.00 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| PEARS,CND,EXTRA LITE SYRUP | 1/4 CUP | 30 | 2 | 0.0 | 8.0 | 0.0 | 0.00 |
| CORN STAR (DAVE'S BAKING) | 1 EACH | 148 | 91 | 2.8 | 23.0 | 5.0 | 0.90 |
| BBQ SAUCE PACKTS (PORTION PAC) | 2 PACKETS | 30 | 170 | 0.0 | 8.0 | 0.0 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet

ECE LUNCH

Portion Values - Detailed

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| | Portion Size | Cals (kcal) | Sodm (mg) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) |
|------------------------|--------------|-------------|-----------|-----------|----------|-----------|-----------|
| Weighted Daily Average | | 545 | 818 | 30.84 | 61.56 | 18.54 | 4.92 |
| % of Calories | | | | 22.6% | 45.2% | 30.6% | 8.1% |
| Nutrient Guideline | | | | | | | |

| Tue - 03/13/2018 | | | | | | | |
|-----------------------------------|------------------|-----|-----|-------|-------|-------|-------|
| ECE LUNCH | Total | | | | | | |
| TORTILLA 8" (MI RANCHO) | 1 TORTILLA | 160 | 340 | 4.0 | 24.0 | 5.0 | 1.50 |
| CHICKEN FAJITA STRIPS (USDA) | SVG (#12 SCO OP) | 68 | 340 | 10.1 | 1.12 | 2.24 | 1.12 |
| MANAGER BEAN VARIETY | 1/2 CUP | 104 | 140 | 6.25 | 18.5 | 0.75 | 0.00 |
| CHEESE, SHREDDED CHEDDAR | 1/8 CUP | 80 | 128 | 4.96 | 0.0 | 6.38 | 4.25 |
| LETTUCE SHRED (OTH) 1/2 CUP | 1/2 CUP | 3 | 5 | 0.24 | 0.52 | 0.03 | 0.00 |
| MILK, 1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| FRUIT COCKTAIL, CND, LT SYRUP, SO | 1/4 CUP | 30 | 2 | 0.0 | 7.5 | 0.0 | 0.00 |
| Weighted Daily Average | | 477 | 983 | 29.66 | 50.12 | 16.23 | 8.40 |
| % of Calories | | | | 24.9% | 42.0% | 30.6% | 15.8% |
| Nutrient Guideline | | | | | | | |

| Wed - 03/14/2018 | | | | | | | |
|---------------------------------|---------------|-----|------|-------|-------|-------|------|
| ECE LUNCH | Total | | | | | | |
| CHEESY BREADSTICKS (THE MAX) | 2 EACH | 320 | 780 | 14.0 | 32.0 | 14.0 | 4.00 |
| MARINARA SC CND (R/OR) 1/4 CUP | 1/4 CUP | 40 | 63 | 0.5 | 5.0 | 2.0 | 0.50 |
| MILK, 1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| FRUIT, FRESH VARIETY (ELEMENT) | SVG (1/2 CUP) | 63 | 4 | 0.93 | 16.02 | 0.27 | 0.04 |
| Weighted Daily Average | | 554 | 1007 | 25.47 | 69.08 | 18.81 | 6.06 |
| % of Calories | | | | 18.4% | 49.9% | 30.6% | 9.8% |
| Nutrient Guideline | | | | | | | |

| Thu - 03/15/2018 | | | | | | | |
|---------------------------------|--------------|-----|------|-------|-------|-------|------|
| ECE LUNCH | Total | | | | | | |
| CHICKEN PATTY SANDWICH (TYSON) | 1 EACH | 370 | 910 | 22.0 | 44.0 | 13.0 | 2.00 |
| LETTUCE SHRED (OTH) 1/2 CUP | 1/2 CUP | 3 | 5 | 0.24 | 0.52 | 0.03 | 0.00 |
| MILK, 1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| PEACHES, CND, EXTRA LITE SYRUP | 1/4 CUP | 30 | 2 | 0.0 | 7.0 | 0.0 | 0.00 |
| KETCHUP PACKETS (RED GOLD) | 2 PACKETS | 20 | 50 | 0.0 | 4.0 | 0.0 | 0.00 |
| MUSTARD PACKETS (PORTION PAC) | 2 PACKETS | 0 | 130 | 0.0 | 0.0 | 0.0 | 0.00 |
| Weighted Daily Average | | 548 | 1213 | 32.28 | 70.58 | 15.57 | 3.53 |
| % of Calories | | | | 23.5% | 51.5% | 25.5% | 5.8% |
| Nutrient Guideline | | | | | | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

ECE LUNCH

Portion Values - Detailed

Page 4

| | Portion Size | Cals (kcal) | Sodm (mg) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|---------------|-------------|-----------|-----------|----------|-----------|-----------|
| Fri - 03/16/2018 | | | | | | | |
| ECE LUNCH | Total | | | | | | |
| PEPPERONI PIZZA* (ARDELLA'S) | 1 EACH | 315 | 761 | 19.28 | 33.28 | 11.34 | 5.75 |
| CHEESE PIZZA (ARDELLA'S) | 1 EACH | 323 | 606 | 18.79 | 31.87 | 13.77 | 6.22 |
| GREEN BEANS,CND (OTH) 1/4 CUP | 1/4 CUP | 8 | 70 | 0.5 | 1.5 | 0.0 | 0.00 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| FRUIT, FRESH VARIETY (ELEMENT) | SVG (1/2 CUP) | 63 | 4 | 0.93 | 16.02 | 0.27 | 0.04 |
| Weighted Daily Average | | 521 | 918 | 30.50 | 66.16 | 15.37 | 7.55 |
| % of Calories | | | | 23.4% | 50.8% | 26.6% | 13.0% |
| Nutrient Guideline | | | | | | | |

| | | | | | | | |
|--------------------------------|--------------|-----|------|-------|-------|-------|------|
| Mon - 03/19/2018 | | | | | | | |
| ECE LUNCH | Total | | | | | | |
| POPCORN CHICKEN (TYSON) | 11 PIECES | 205 | 601 | 11.0 | 11.0 | 12.47 | 2.20 |
| POTATOES MSH,FROZEN (ST) | 1/2 CUP | 110 | 340 | 2.0 | 18.0 | 3.5 | 1.00 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| FRUIT COCKTAIL,CND,LT SYRUP,SO | 1/4 CUP | 30 | 2 | 0.0 | 7.5 | 0.0 | 0.00 |
| CORN STAR (DAVE'S BAKING) | 1 EACH | 148 | 91 | 2.8 | 23.0 | 5.0 | 0.90 |
| KETCHUP PACKETS (RED GOLD) | 2 PACKETS | 20 | 50 | 0.0 | 4.0 | 0.0 | 0.00 |
| BBQ SAUCE PACKTS (PORTION PAC) | 2 PACKETS | 30 | 170 | 0.0 | 8.0 | 0.0 | 0.00 |
| Weighted Daily Average | | 674 | 1415 | 25.84 | 87.56 | 23.51 | 5.62 |
| % of Calories | | | | 15.3% | 52.0% | 31.4% | 7.5% |
| Nutrient Guideline | | | | | | | |

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|--------------------------------|--------------|-----|-----|-------|-------|-------|------|
| Tue - 03/20/2018 | | | | | | | |
| ECE LUNCH | Total | | | | | | |
| WAFFLES, MINI MAPLE (EGGO) | 1 PACKAGE | 200 | 220 | 4.0 | 35.0 | 5.0 | 1.50 |
| CHICKEN NUGGETS (TYSON) | 3 NUGGETS | 156 | 240 | 9.6 | 9.6 | 9.0 | 1.50 |
| MIXED VEGGIES (ST) 1/4 CUP | 1/4 CUP | 26 | 23 | 0.75 | 4.12 | 0.0 | 0.00 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| PEARS,CND,EXTRA LITE SYRUP | 1/4 CUP | 30 | 2 | 0.0 | 8.0 | 0.0 | 0.00 |
| KETCHUP PACKETS (RED GOLD) | 2 PACKETS | 20 | 50 | 0.0 | 4.0 | 0.0 | 0.00 |
| BBQ SAUCE PACKTS (PORTION PAC) | 2 PACKETS | 30 | 170 | 0.0 | 8.0 | 0.0 | 0.00 |
| Weighted Daily Average | | 593 | 866 | 24.39 | 84.79 | 16.54 | 4.52 |
| % of Calories | | | | 16.5% | 57.2% | 25.1% | 6.9% |
| Nutrient Guideline | | | | | | | |

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|--------------------------------|--------------|-----|-----|------|------|------|------|
| Wed - 03/21/2018 | | | | | | | |
| ECE LUNCH | Total | | | | | | |
| BEAN BURRITO (FERNANDOS) | 1 EACH | 340 | 530 | 15.0 | 42.0 | 13.0 | 7.00 |
| SALAD MIX (OTH) 1/2 CUP | 1/2 CUP | 5 | 6 | 0.26 | 1.05 | 0.0 | 0.00 |
| DRESSING VARIETY | SVG (2 TSP) | 31 | 96 | 0.0 | 1.16 | 2.96 | 0.49 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| PEACHES,CND,EXTRA LITE SYRUP | 1/4 CUP | 30 | 2 | 0.0 | 7.0 | 0.0 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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| | Portion Size | Cals (kcal) | Sodm (mg) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) |
|------------------------|--------------|-------------|-----------|-----------|----------|-----------|-----------|
| Weighted Daily Average | | 537 | 795 | 25.30 | 67.27 | 18.50 | 9.02 |
| % of Calories | | | | 18.8% | 50.1% | 31.0% | 15.1% |
| Nutrient Guideline | | | | | | | |

| Thu - 03/22/2018 | | | | | | | |
|--------------------------------|--------------|-----|-----|-------|-------|-------|-------|
| ECE LUNCH | Total | | | | | | |
| CHEESEBURGER (ADVANCE PIERRE) | 1 EACH | 370 | 435 | 20.0 | 32.0 | 18.5 | 7.50 |
| DRESSING VARIETY | SVG (2 TSP) | 31 | 96 | 0.0 | 1.16 | 2.96 | 0.49 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| BROCCOLI (DKG) 1/4 CUP | 1/4 CUP | 5 | 5 | 0.53 | 0.9 | 0.06 | 0.01 |
| APPLESAUCE,CND,SWTND,WO/SALT | 1/4 CUP | 25 | 1 | 0.0 | 7.0 | 0.0 | 0.00 |
| KETCHUP PACKETS (RED GOLD) | 2 PACKETS | 20 | 50 | 0.0 | 4.0 | 0.0 | 0.00 |
| MUSTARD PACKETS (PORTION PAC) | 2 PACKETS | 0 | 130 | 0.0 | 0.0 | 0.0 | 0.00 |
| Weighted Daily Average | | 572 | 787 | 30.57 | 59.12 | 24.06 | 9.53 |
| % of Calories | | | | 21.4% | 41.3% | 37.8% | 15.0% |
| Nutrient Guideline | | | | | | | |

| Fri - 03/23/2018 | | | | | | | |
|--------------------------------|--------------|-----|-----|-------|-------|-------|-------|
| ECE LUNCH | Total | | | | | | |
| PEPPERONI PIZZA* (ARDELLA'S) | 1 EACH | 315 | 761 | 19.28 | 33.28 | 11.34 | 5.75 |
| CHEESE PIZZA (ARDELLA'S) | 1 EACH | 323 | 606 | 18.79 | 31.87 | 13.77 | 6.22 |
| MANAGER CAN/FROZEN VEG VARIETY | 1/4 CUP | 24 | 40 | 0.85 | 4.53 | 0.1 | 0.00 |
| MILK,1% PLAIN (BERKELEY FARMS) | 1 CARTON | 130 | 160 | 10.0 | 16.0 | 2.5 | 1.50 |
| MILK, WHOLE (BERKELEY FARMS) | 4 OZ SERVING | 75 | 60 | 4.0 | 6.0 | 4.0 | 2.50 |
| MANAGER CANNED FRUIT,VARIETY | 1/4 CUP | 29 | 2 | 0.0 | 7.37 | 0.0 | 0.00 |
| Weighted Daily Average | | 502 | 886 | 29.92 | 60.54 | 15.19 | 7.51 |
| % of Calories | | | | 23.8% | 48.2% | 27.2% | 13.5% |
| Nutrient Guideline | | | | | | | |

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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.