

February 2017

San Juan Unified School District
K-8 LUNCH \$3.00

Monday

Tuesday

Wednesday

Thursday

Friday

6
Teriyaki Beef Nuggets
or
Muffin, String Cheese &
Trail Mix
Whole Grain Roll
Mashed Potatoes
Green Salad
Baby Carrot Sticks
Mixed Vegetables
Broccoli Trees
Canned Pears
Crisp Apple

7
Chicken Drumstick
or
Popcorn Chicken
Biscuit
Pinto Beans
Green Salad
Broccoli Trees
Canned Yellow Corn
Mixed Fruit Cocktail
Seasonal Fresh Fruit

8
Cheese Pizza
or
Corn Dog
Diced Turkey
Green Salad
Celery Sticks
Baby Carrot Sticks
Canned Peaches
Seasonal Fresh Fruit

9
Chicken Patty
Sandwich
or
Bean Burrito
Green Salad
Green Peas
Broccoli Trees
Baby Carrot Sticks
Canned Pears
Seasonal Fresh Fruit

10
Turkey & Cheese
Sandwich
or
Pepperoni Pizza*
Green Salad
Baby Carrot Sticks
Celery Sticks
Vegetable Variety
Applesauce
Seasonal Fresh Fruit

13
French Toast Sticks
Beef Sausage Patty
or
Yogurt, String Cheese
& Muffin
Diced Turkey
Green Salad
Broccoli Trees
Baby Carrot Sticks
Pineapple Tidbits
Crisp Apple

14
Grilled Cheese Sandwich
or
Cheesy Breadsticks
Goldfish Pretzels
Marinara Sauce
Green Salad
Jicama Sticks
Celery Sticks
Baby Carrot Sticks
Canned Pears
Orange Smiles

15
Chicken & Waffles
or
Muffin, String Cheese
& Trail Mix
Pinto Beans
Green Salad
Cherry Tomatoes
Broccoli Trees
Mixed Fruit Cocktail
Seasonal Fresh Fruit

16
Cheeseburger
or
Cheese Pizza
Potato Wedges
Green Salad
Broccoli Trees
Celery Sticks
Baby Carrot Sticks
Canned Peaches
Seasonal Fresh Fruit

17
Hot Dog
or
Graham Cracker Sticks,
Sunbutter & String Cheese
Cheez Its
Green Salad
Bean Variety
Fresh Vegetable Variety
Vegetable Variety
Applesauce
Seasonal Fresh Fruit

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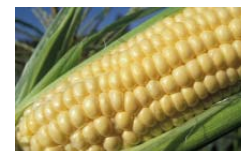
Presidents' Week Break - February 20-24

27
Harvest of the Month
Corn Dog
or
Bean Burrito
Green Peas
Green Beans
Canned Yellow Corn
Baby Carrot Sticks
Canned Peaches
Crisp Apple

28
Teriyaki Beef Nuggets
or
Chicken Drumstick
Whole Grain Roll
Mashed Potatoes
Green Salad
Baby Carrot Sticks
Mixed Vegetables
Broccoli Trees
Pineapple Tidbits
Orange Smiles



Corn
will be featured on the salad bar
Monday, February 27th.
Corn provides a good source of folate and
thiamin. Thiamin helps your body use energy.
Fresh California grown corn is in peak season
during the summer.



**\$\$ Earn Extra Cash! \$\$
Help Wanted**

**Substitute Food Service
Workers**

\$11.84 per hour

**May be offered 2-4 hours
per day.**

**Apply online at:
www.edjoin.org**

**Meals may be pre-purchased
online at:
www.myschoolbucks.com**

Menus subject to change.

***Contains pork products.**

**Items in *italics* are
for salad bar.**

**Each meal is served with a
choice of: 1% Lowfat Plain
or Non-Fat Chocolate Milk.**