

January 2017

MONDAY

-No School-

2

TUESDAY

-No School-

3

WEDNESDAY

-No School-

4

THURSDAY

-No School-

5

FRIDAY

-No School-

6

-No School-

9

Cinnamon Roll
or
Whole Grain Cereal**
Mixed Fruit Cocktail
100% Fruit Juice

10

French Toast Sticks
or
Whole Grain Cereal**
Turkey Bacon
Seasonal Fresh Fruit
100% Fruit Juice

11

Cinnamon Glazed
Pancakes
or
Whole Grain Cereal**
Applesauce
100% Fruit Juice

12

Whole Grain Bagel
or
Whole Grain Cereal**
Canned Peaches
100% Fruit Juice

13

-No School-

Martin Luther
King Jr. Day

16

Yogurt Parfait
or
Whole Grain Cereal**
Canned Pears
100% Fruit Juice

17

Waffles
or
Whole Grain Cereal**
Beef Sausage Patty
Applesauce
100% Fruit Juice

18

Pancake Sausage
Roll Up*
or
Whole Grain Cereal**
Canned Peaches
100% Fruit Juice

19

Breakfast Pizza
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

20

Cinnamon Roll
or
Whole Grain Cereal**
Pineapple Tidbits
100% Fruit Juice

23

Breakfast Burrito:
Egg & Cheese
or
Whole Grain Cereal**
Turkey Bacon
Mixed Fruit Cocktail
100% Fruit Juice

24

Cheese Omelet
& Roll
or
Whole Grain Cereal**
Salsa
Seasonal Fresh Fruit
100% Fruit Juice

25

Cinnamon Glazed
Pancakes
or
Whole Grain Cereal**
Applesauce
100% Fruit Juice

26

Whole Grain Bagel
or
Whole Grain Cereal**
Canned Peaches
100% Fruit Juice

27

Whole Grain Muffin
or
Whole Grain Cereal**
Applesauce
100% Fruit Juice

30

Breakfast
Sandwich: Egg,
Turkey Ham & Cheese
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

31

Menus subject to change.

*Contains pork products.

**Frosted Mini Spooners and Marshmallow Mateys Cereal contain pork product. Honey Scooters Cereal does not contain pork product.

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per day.**

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**Meals may be pre-purchased
online at:
www.myschoolbucks.com**

**Each meal is served with a
choice of: 1% Lowfat Plain
or Non-Fat Chocolate Milk.**