

# September 2017

San Juan Unified School District  
K-8 BREAKFAST \$2.00

Monday

Tuesday

Wednesday

Thursday

Friday

## NOW HIRING!

Nutrition Services  
Job Opportunities

Apply online at: [www.edjoin.org](http://www.edjoin.org)



Positions available may include:

- Nutrition Services Worker I's
- Nutrition Services Worker II's
- Substitute Food Service Workers

May be offered 2-7 hours per day.

1  
French Toast Sticks  
or  
Whole Grain Cereal\*\*  
Turkey Bacon  
Canned Peaches  
100% Fruit Juice

4  
--No School--  
Labor Day

5  
Yogurt Parfait  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

6  
Crumb Square  
or  
Whole Grain Cereal\*\*  
Applesauce  
100% Fruit Juice

7  
Cinnamon  
Glazed Pancakes  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

8  
French Toast Sticks  
or  
Whole Grain Cereal\*\*  
Turkey Bacon  
All Mixed Up Fruit  
Seasonal Fresh Fruit

11  
Waffles  
or  
Whole Grain Cereal\*\*  
Beef Sausage Patty  
Canned Peaches  
100% Fruit Juice

12  
Corn Star & Yogurt  
or  
Whole Grain Cereal\*\*  
All Mixed Up Fruit  
Seasonal Fresh Fruit

13  
Breakfast Pizza  
or  
Whole Grain Cereal\*\*  
Seasonal Fresh Fruit  
100% Fruit Juice

14  
Cinnamon  
Glazed Pancakes  
or  
Whole Grain Cereal\*\*  
Applesauce  
Seasonal Fresh Fruit

15  
Cinnamon Roll  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

18  
Whole Grain Muffin  
or  
Whole Grain Cereal\*\*  
Seasonal Fresh Fruit  
100% Fruit Juice

19  
Pancake Sausage  
Roll Up  
or  
Whole Grain Cereal\*\*  
Applesauce  
Seasonal Fresh Fruit

20  
Yogurt Parfait  
or  
Whole Grain Cereal\*\*  
All Mixed Up Fruit  
100% Fruit Juice

21  
Cinnamon  
Glazed Pancakes  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

22  
French Toast Sticks  
or  
Whole Grain Cereal\*\*  
Turkey Bacon  
Canned Peaches  
Seasonal Fresh Fruit

25  
Waffles  
or  
Whole Grain Cereal\*\*  
Beef Sausage Patty  
Applesauce  
100% Fruit Juice

26  
Crumb Square  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

27  
Breakfast Pizza  
or  
Whole Grain Cereal\*\*  
Seasonal Fresh Fruit  
100% Fruit Juice

28  
Cinnamon  
Glazed Pancakes  
or  
Whole Grain Cereal\*\*  
All Mixed Up Fruit  
Seasonal Fresh Fruit

29  
Cinnamon Roll  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

Free or reduced-priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at: <http://mealapps.sanjuan.edu>

Paper applications are also available at:  
San Juan Central Office,  
Nutrition Services Office,  
School Offices, & Cafeterias.

Questions about Meal  
Applications?  
Call: (916) 971-7035

Meals may be pre-purchased  
online at:  
[www.myschoolbucks.com](http://www.myschoolbucks.com)

Menus subject to change.

\*Contains pork products.

\*\*Frosted Mini Spooners and Marshmallow Mateys Cereal contain pork product. Honey Scooters Cereal does not contain pork product.

Each meal is served with a  
choice of 1% Low Fat Plain or  
Non-Fat Chocolate Milk.

Pancakes on the menu  
every Thursday!

