

September 2017

San Juan Unified School District

K-8 LUNCH

ELEMENTARY \$3.00 SECONDARY \$3.50

Monday

Tuesday

Wednesday

Thursday

Friday

NOW HIRING!

**Nutrition Services
Job Opportunities**



Positions available may include:

- Nutrition Services Worker I's
- Nutrition Services Worker II's
- Substitute Food Service Workers

May be offered 2-7 hours per day.

Apply online at: www.edjoin.org

1

Pepperoni Pizza*
Cheese Pizza
Spicy Chicken Patty Sandwich
Super Hero Salad
Golden Pirate Corn
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit
Seasonal Fresh Fruit

4

--No School--
Labor Day

5

Popcorn Chicken
Teriyaki Beef Nuggets
Hot & Spicy Chicken Bites
Corn Star
Creamy Mashed Potatoes
Shredded Cheddar Cheese
Super Hero Salad
Power Peas
Golden Pirate Corn
All Mixed Up Fruit
Sunshine Slices

6

Wowbutter Sandwich
Chicken Nuggets
Cheesy Breadsticks & Marinara Sauce
String Cheese
Super Hero Salad
Mixed Vegetables
Crunchy Baby Carrots
Crispy Celery Sticks
Canned Peas
Seasonal Fresh Fruit

7

Hot Dog
Yogurt, String Cheese & Muffin
Chicken Nuggets
Whole Grain Roll
Cheez Its
Super Hero Salad
Power Peas
Be Strong Beans
Broccoli Bites
Applesauce
Seasonal Fresh Fruit

8

Pepperoni Pizza*
Cheese Pizza
Spicy Chicken Patty Sandwich
Super Hero Salad
Crunchy Baby Carrots
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit
Seasonal Fresh Fruit

11

Chicken Nuggets
Cheesy Breadsticks & Marinara Sauce
Wowbutter Sandwich
String Cheese
Goldfish Cheddar Crackers
Shredded Cheddar Cheese
Super Hero Salad
Power Peas
Golden Pirate Corn
Canned Peaches
Apple Crunchers

12

French Toast Sticks
Beef Sausage Patty
Wowbutter Sandwich
Hot & Spicy Chicken Bites
Super Hero Salad
Crispy Celery Sticks
Broccoli Bites
Crunchy Baby Carrots
Applesauce
Sunshine Slices

13

Bean Burrito
Corn Dog
Cheesy Breadsticks & Marinara Sauce
Super Hero Salad
Salsa
Mixed Vegetables
Golden Pirate Corn
Canned Peas
Seasonal Fresh Fruit

14

Chicken Patty Sandwich
Yogurt, String Cheese & Muffin
Chicken Nuggets
Whole Grain Roll
Shredded Lettuce
Broccoli Bites
Crispy Celery Sticks
Crunchy Baby Carrots
All Mixed Up Fruit
Seasonal Fresh Fruit

15

Pepperoni Pizza*
Cheese Pizza
Spicy Chicken Patty Sandwich
Super Hero Salad
Be Strong Beans
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit
Seasonal Fresh Fruit

18

Teriyaki Beef Nuggets
Chicken Nuggets
Wowbutter Sandwich
String Cheese
Whole Grain Roll
Creamy Mashed Potatoes
Super Hero Salad
Mixed Vegetables
Crunchy Baby Carrots
Broccoli Bites
Canned Peas
Apple Crunchers

19

Chicken & Waffles
Bean Burrito
Hot & Spicy Chicken Bites
Whole Grain Roll
Super Hero Salad
Power Peas
Golden Pirate Corn
Crispy Celery Sticks
Canned Peaches
Sunshine Slices

20

Wowbutter Sandwich
Corn Dog
Cheesy Breadsticks & Marinara Sauce
String Cheese
Super Hero Salad
Lean Mean Green Beans
Mixed Vegetables
Crunchy Baby Carrots
Applesauce
Seasonal Fresh Fruit

21

Cheeseburger
Yogurt, String Cheese & Muffin
Chicken Nuggets
Happy Birthday Cookie
Whole Grain Roll
Potato Wedges
Shredded Lettuce
Crispy Celery Sticks
Broccoli Bites
Crunchy Baby Carrots
All Mixed Up Fruit
Seasonal Fresh Fruit

22

Pepperoni Pizza*
Cheese Pizza
Spicy Chicken Patty Sandwich
Super Hero Salad
Be Strong Beans
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit
Seasonal Fresh Fruit

25

Chicken Drumstick
Popcorn Chicken
Wowbutter Sandwich
String Cheese
Corn Star
Shredded Cheddar Cheese
Super Hero Salad
Golden Pirate Corn
Power Peas
Canned Peas
Apple Crunchers

26

Chicken Taco
Bean Burrito
Hot & Spicy Chicken Bites
Shredded Cheddar Cheese
Be Strong Beans
Shredded Lettuce
Salsa
All Mixed Up Fruit
Sunshine Slices

27

Cheesy Breadsticks & Marinara Sauce
Chicken Nuggets
Corn Dog
Super Hero Salad
Golden Pirate Corn
Crispy Celery Sticks
Broccoli Bites
Applesauce
Seasonal Fresh Fruit

28

Chicken Patty Sandwich
Yogurt, String Cheese & Muffin
Chicken Nuggets
Happy Birthday Cookie
Whole Grain Roll
Shredded Lettuce
Power Peas
Broccoli Bites
Crunchy Baby Carrots
Canned Peaches
Seasonal Fresh Fruit

29

Pepperoni Pizza*
Cheese Pizza
Spicy Chicken Patty Sandwich
Super Hero Salad
Lean Mean Green Beans
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit
Seasonal Fresh Fruit

Free or reduced-priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at:
<http://mealapps.sanjuan.edu>

Paper applications are also available at:
San Juan Central Office,
Nutrition Services Office,
School Offices, & Cafeterias.

Questions about Meal Applications?
Call: (916) 971-7035

Meals may be pre-purchased online at:
www.myschoolbucks.com

Menus subject to change.

*Contains pork products.

Secondary students may also choose from underlined items.

Items in *italics* are for salad bar.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.



Let's celebrate September Birthdays with a Happy Birthday cookie offered with lunch on September 28th!