

# NOVEMBER 2018

San Juan Unified School District

K-8 Lunch

ELEMENTARY \$3.00 SECONDARY \$3.50

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Let's celebrate November Birthdays with a Happy Birthday Cookie offered with lunch on November 29<sup>th</sup>!

**1**  
**Chicken Patty Sandwich**  
Yogurt, String Cheese & Muffin  
*Be Strong Beans*  
*Shredded Lettuce*  
*Broccoli Bites*  
*Crispy Celery Sticks*  
*All Mixed Up Fruit*  
*Seasonal Fresh Fruit*

**2**  
**Pepperoni Pizza**  
**Cheese Pizza**  
Spicy Chicken Sandwich  
*Super Hero Salad*  
*Crunchy Baby Carrots*  
*Vegetable Variety*  
*Fresh Vegetable Variety*  
*Canned Fruit*  
*Seasonal Fresh Fruit*

**5**  
**Teriyaki Beef Nuggets**  
**Cheesy Breadsticks & Marinara Sauce**  
*Whole Grain Roll*  
*Creamy Mashed Potatoes*  
*Be Strong Beans*  
*Super Hero Salad*  
*Mixed Vegetables*  
*Broccoli Bites*  
*Canned Peaches*  
*Apple Crunchers*

**6**  
**Chicken & Waffles**  
**Bean & Cheese Burrito**  
*Super Hero Salad*  
*Power Peas*  
*Golden Pirate Corn*  
*Crispy Celery Sticks*  
*Canned Peaches*  
*Sunshine Slices*

**7**  
**Bean & Cheese Burrito**  
**Hot & Spicy Chicken Bites**  
*Super Hero Salad*  
*Salsa*  
*Mixed Vegetables*  
*Lean Mean Green Beans*  
*Applesauce*  
*Seasonal Fresh Fruit*

**8**  
**Hot Dog**  
Yogurt, String Cheese & Muffin  
*Cheez Its*  
*Super Hero Salad*  
*Crispy Celery Sticks*  
*Broccoli Bites*  
*Crunchy Baby Carrots*  
*All Mixed Up Fruit*  
*Seasonal Fresh Fruit*

**9**  
**--No School--**

**12**  
**--No School--**

**13**  
**Cheesy Breadsticks**  
**Bean & Cheese Burrito**  
*Marinara Sauce*  
*Golden Pirate Corn*  
*Lean Mean Green Beans*  
*Mixed Vegetables*  
*Crunchy Baby Carrots*  
*All Mixed Up Fruit*  
*Sunshine Slices*

**14**  
**French Toast Sticks**  
**Beef Sausage Patty**  
**Hot & Spicy Chicken Bites**  
*Whole Grain Roll*  
*Super Hero Salad*  
*Golden Pirate Corn*  
*Crispy Celery Sticks*  
*Broccoli Bites*  
*Applesauce*  
*Apple Crunchers*

**15**  
**Chicken Patty Sandwich**  
Yogurt, String Cheese & Muffin  
*Be Strong Beans*  
*Shredded Lettuce*  
*Broccoli Bites*  
*Crunchy Baby Carrots*  
*Canned Peaches*  
*Seasonal Fresh Fruit*

**16**  
**Pepperoni Pizza**  
**Cheese Pizza**  
Spicy Chicken Sandwich  
*Super Hero Salad*  
*Crunchy Baby Carrots*  
*Vegetable Variety*  
*Fresh Vegetable Variety*  
*Canned Fruit*  
*Seasonal Fresh Fruit*

**19**  
**--No School--**

**20**  
**--No School--**

**21**  
**--No School--**

**22**  
**Thanksgiving Day**  
**--No School--**

**23**  
**--No School--**

**26**  
**Corn Dog**  
*Be Strong Beans*  
*Crunchy Baby Carrots*  
*Seasonal Fresh Fruit*

**27**  
**Chicken Nuggets**  
*Goldfish Cheddar Crackers*  
*Crunchy Baby Carrots*  
*Crispy Celery Sticks*  
*Apple Crunchers*

**28**  
**Cheesy Breadsticks**  
*Golden Pirate Corn*  
*Broccoli Bites*  
*Seasonal Fresh Fruit*

**29**  
  
**Hot Dog**  
*Happy Birthday Cookie*  
*Crispy Celery Sticks*  
*Crunchy Baby Carrots*  
*Seasonal Fresh Fruit*

**30**  
**Bean & Cheese Burrito**  
*Crunchy Baby Carrots*  
*Broccoli Bites*  
*Seasonal Fresh Fruit*

MINIMUM DAYS: November 26 - 30

Free or Reduced-Priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at: <https://mealapps.sanjuan.edu>

Paper applications are also available at: San Juan Central Office, Nutrition Services Office, School Offices, & Cafeterias.

Questions about Meal Applications? Call: (916) 971-7035

Meals may be pre-purchased online at: [www.myschoolbucks.com](http://www.myschoolbucks.com)

Menus subject to change.

\*Contains pork products.

Items in *italics* are for salad bar.

Secondary students may also choose from underlined items.



Nutrition Services