

NOVEMBER 2018

San Juan Unified School District
K-8 BREAKFAST \$2.00

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



NOW HIRING!
Nutrition Services Job Opportunities
Apply online at: www.edjoin.org

1
Cinnamon Pancakes
or
Whole Grain Cereal**
Applesauce
Seasonal Fresh Fruit

2
Cinnamon Roll
or
Whole Grain Cereal**
Canned Peaches
Seasonal Fresh Fruit

5
Whole Grain Muffin
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

6
Pancake Sausage Roll Up
or
Whole Grain Cereal**
Applesauce
Seasonal Fresh Fruit

7
Yogurt Parfait
or
Whole Grain Cereal**
Mixed Fruit Cocktail
100% Fruit Juice

8
Cinnamon Pancakes
or
Whole Grain Cereal**
Canned Pears
Seasonal Fresh Fruit

9
--No School--

12
--No School--

13
Cinnamon Roll
or
Whole Grain Cereal**
Canned Peaches
Apple Crunchers

14
Breakfast Pizza
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

15
Cinnamon Pancakes
or
Whole Grain Cereal**
All Mixed Up Fruit
Seasonal Fresh Fruit

16
French Toast Sticks
or
Whole Grain Cereal**
Turkey Bacon
Canned Pears
100% Fruit Juice

19
--No School--

20
--No School--

21
--No School--

22
Thanksgiving Day
--No School--

23
--No School--

26
Cinnamon Roll
or
Whole Grain Cereal**
Canned Peaches
100% Fruit Juice

27
Whole Grain Bagel
or
Whole Grain Cereal**
All Mixed Up Fruit
Seasonal Fresh Fruit

28
Yogurt Parfait
or
Whole Grain Cereal**
Apple Crunchers
100% Fruit Juice

29
Whole Grain Muffin
or
Whole Grain Cereal**
Applesauce
Seasonal Fresh Fruit

30
Corn Star & Yogurt
or
Whole Grain Cereal**
Canned Pears
Apple Crunchers

Free or Reduced-Priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at: <https://mealapps.sanjuan.edu>

Paper applications are also available at:
San Juan Central Office,
Nutrition Services Office,
School Offices, & Cafeterias.

Questions about Meal Applications?
Call: (916) 971-7035

Meals may be pre-purchased online at:
www.myschoolbucks.com

*Contains pork products.

**Frosted Shredded Wheat Cereal and Marshmallow Mateys Cereal contain pork product. Honey Scooters Cereal does not contain pork product.

Menus subject to change.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.