

NOVEMBER 2018

San Juan Unified School District
ELEMENTARY LUNCH \$3.00

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Let's celebrate November Birthdays with a Happy Birthday Cookie offered with lunch on November 29th!

Chicken Patty Sandwich
Be Strong Beans
Shredded Lettuce
Broccoli Bites
Crispy Celery Sticks
All Mixed Up Fruit
Seasonal Fresh Fruit

Pepperoni Pizza or Cheese Pizza
Super Hero Salad
Crunchy Baby Carrots
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit
Seasonal Fresh Fruit

Teriyaki Beef Nuggets
Whole Grain Roll
Creamy Mashed Potatoes
Be Strong Beans
Super Hero Salad
Mixed Vegetables
Broccoli Bites
Canned Peaches
Apple Crunchers

Chicken & Waffles
Super Hero Salad
Power Peas
Golden Pirate Corn
Crispy Celery Sticks
Canned Peaches
Sunshine Slices

Bean & Cheese Burrito
Super Hero Salad
Salsa
Mixed Vegetables
Lean Mean Green Beans
Applesauce
Seasonal Fresh Fruit

Hot Dog
Cheez Its
Super Hero Salad
Crispy Celery Sticks
Broccoli Bites
Crunchy Baby Carrots
All Mixed Up Fruit
Seasonal Fresh Fruit

--No School--

--No School--

Cheesy Breadsticks
Marinara Sauce
Golden Pirate Corn
Lean Mean Green Beans
Mixed Vegetables
Crunchy Baby Carrots
All Mixed Up Fruit
Sunshine Slices

French Toast Sticks
Beef Sausage Patty
Super Hero Salad
Golden Pirate Corn
Crispy Celery Sticks
Broccoli Bites
Applesauce
Apple Crunchers

Chicken Patty Sandwich
Be Strong Beans
Shredded Lettuce
Broccoli Bites
Crunchy Baby Carrots
Canned Peaches
Seasonal Fresh Fruit

Pepperoni Pizza or Cheese Pizza
Super Hero Salad
Crunchy Baby Carrots
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit
Seasonal Fresh Fruit

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--No School--

--No School--

Thanksgiving Day
--No School--

--No School--

Corn Dog
Be Strong Beans
Crunchy Baby Carrots
Seasonal Fresh Fruit

Chicken Nuggets
Goldfish Cheddar Crackers
Crunchy Baby Carrots
Crispy Celery Sticks
Apple Crunchers

Cheesy Breadsticks
Golden Pirate Corn
Broccoli Bites
Seasonal Fresh Fruit

Hot Dog
Happy Birthday Cookie
Crispy Celery Sticks
Crunchy Baby Carrots
Seasonal Fresh Fruit

Bean & Cheese Burrito
Crunchy Baby Carrots
Broccoli Bites
Seasonal Fresh Fruit

Free or Reduced-Priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at: <https://mealapps.sanjuan.edu>

Paper applications are also available at: San Juan Central Office, Nutrition Services Office, School Offices, & Cafeterias.

Questions about Meal Applications?
Call: (916) 971-7035

Meals may be pre-purchased online at: www.myschoolbucks.com

Menus subject to change.

*Contains pork products.

Items in *italics* are for salad bar.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.



Nutrition Services

MINIMUM DAYS: November 26 - 30