

NOVEMBER 2017

San Juan Unified School District K-8 BREAKFAST \$2.00



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>NOW HIRING! Nutrition Services Job Opportunities</p> <p>Apply online at: www.edjoin.org</p>		<p>1 Yogurt Parfait or Whole Grain Cereal** All Mixed Up Fruit 100% Fruit Juice</p>	<p>2 Cinnamon Glazed Pancakes or Whole Grain Cereal** Canned Pears Seasonal Fresh Fruit</p>	<p>3 French Toast Sticks or Whole Grain Cereal** Turkey Bacon Canned Peaches Seasonal Fresh Fruit</p>
<p>6 Waffles or Whole Grain Cereal** Beef Sausage Patty Applesauce 100% Fruit Juice</p>	<p>7 Crumb Square or Whole Grain Cereal** Canned Peaches Seasonal Fresh Fruit</p>	<p>8 Breakfast Pizza or Whole Grain Cereal** Seasonal Fresh Fruit 100% Fruit Juice</p>	<p>9 --No School--</p>	<p>10 Veterans' Day --No School--</p>
<p>13 Whole Grain Muffin or Whole Grain Cereal** Seasonal Fresh Fruit 100% Fruit Juice</p>	<p>14 Cinnamon Roll or Whole Grain Cereal** Canned Peaches Seasonal Fresh Fruit</p>	<p>15 Yogurt Parfait or Whole Grain Cereal** Applesauce 100% Fruit Juice</p>	<p>16 Crumb Square or Whole Grain Cereal** Canned Pears Seasonal Fresh Fruit</p>	<p>17 Whole Grain Bagel or Whole Grain Cereal** All Mixed Up Fruit Seasonal Fresh Fruit</p>
<p>20 --No School--</p>	<p>21 --No School--</p>	<p>22 --No School--</p>	<p>23 Thanksgiving Day --No School--</p>	<p>24 --No School--</p>
<p>27 Cinnamon Roll or Whole Grain Cereal** Applesauce Seasonal Fresh Fruit</p>	<p>28 Yogurt Parfait or Whole Grain Cereal** Canned Pears Seasonal Fresh Fruit</p>	<p>29 Crumb Square or Whole Grain Cereal** Applesauce 100% Fruit Juice</p>	<p>30 Cinnamon Glazed Pancakes or Whole Grain Cereal** Canned Peaches Seasonal Fresh Fruit</p>	

Free or reduced-priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at: <http://mealapps.sanjuan.edu>

Paper applications are also available at:
San Juan Central Office,
Nutrition Services Office,
School Offices, & Cafeterias.

Questions about Meal Applications?
Call: (916) 971-7035

Meals may be pre-purchased online at: www.myschoolbucks.com

Menus subject to change.

*Contains pork products.

**Frosted Mini Spooners and Marshmallow Mateys Cereal contain pork product. Honey Scooters Cereal does not contain pork product.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.

