

# NOVEMBER 2017

## San Juan Unified School District

### K-8 LUNCH

**ELEMENTARY \$3.00 SECONDARY \$3.50**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**NOW HIRING!**

**Nutrition Services  
Job Opportunities**

Apply online at: [www.edjoin.org](http://www.edjoin.org)



Wowbutter Sandwich  
Corn Dog  
Cheesy Breadsticks  
& Marinara Sauce  
String Cheese  
Super Hero Salad  
Mixed Vegetables  
Lean Mean Green Beans  
Crunchy Baby Carrots  
Applesauce  
Seasonal Fresh Fruit

Cheeseburger  
Yogurt, String Cheese  
& Muffin  
Chicken Nuggets  
Whole Grain Roll  
Potato Wedges  
Shredded Lettuce  
Crispy Celery Sticks  
Broccoli Bites  
Crunchy Baby Carrots  
All Mixed Up Fruit  
Seasonal Fresh Fruit

Pepperoni Pizza\*  
Cheese Pizza  
Spicy Chicken Patty Sandwich  
*Be Strong Beans*  
*Super Hero Salad*  
*Vegetable Variety*  
*Fresh Vegetable Variety*  
Canned Fruit  
Seasonal Fresh Fruit

Chicken Drumstick  
Popcorn Chicken  
Wowbutter Sandwich  
String Cheese  
Corn Star  
*Shredded Cheddar Cheese*  
*Super Hero Salad*  
*Power Peas*  
*Golden Pirate Corn*  
*Canned Pears*  
*Apple Crunchers*

Cheesy Breadsticks  
& Marinara Sauce  
Bean Burrito  
Hot & Spicy Chicken Bites  
Whole Grain Roll  
*Super Hero Salad*  
*Be Strong Beans*  
*Crunchy Baby Carrots*  
*Broccoli Bites*  
*All Mixed Up Fruit*  
*Sunshine Slices*

Pepperoni Pizza\*  
Cheese Pizza  
Chicken Nuggets  
*Super Hero Salad*  
*Broccoli Bites*  
*Crispy Celery Sticks*  
*Crunchy Baby Carrots*  
*Applesauce*  
*Seasonal Fresh Fruit*

--No School--

Veterans' Day  
--No School--

Cheesy Breadsticks  
Crispy Celery Sticks  
Broccoli Bites  
Apple Crunchers

Chicken Nuggets  
Goldfish Cheddar Crackers  
Crunchy Baby Carrots  
Broccoli Bites  
Seasonal Fresh Fruit

Bean Burrito  
Golden Pirate Corn  
Crunchy Baby Carrots  
Seasonal Fresh Fruit

Corn Dog  
*Be Strong Beans*  
*Crunchy Baby Carrots*  
*Seasonal Fresh Fruit*

Wowbutter Sandwich  
String Cheese  
Broccoli Bites  
Crunchy Baby Carrots  
Seasonal Fresh Fruit

**MINIMUM DAYS: NOVEMBER 13 – 17**

--No School--

--No School--

--No School--

Thanksgiving Day  
--No School--

--No School--

Corn Dog  
Cheesy Breadsticks  
& Marinara Sauce  
Wowbutter Sandwich  
String Cheese  
*Be Strong Beans*  
*Lean Mean Green Beans*  
*Golden Pirate Corn*  
*Crunchy Baby Carrots*  
*Canned Peaches*  
*Apple Crunchers*

Popcorn Chicken  
Teriyaki Beef Nuggets  
Hot & Spicy Chicken Bites  
Corn Star  
*Creamy Mashed Potatoes*  
*Shredded Cheddar Cheese*  
*Super Hero Salad*  
*Broccoli Bites*  
*Golden Pirate Corn*  
*All Mixed Up Fruit*  
*Sunshine Slices*

Wowbutter Sandwich  
Chicken Nuggets  
Cheesy Breadsticks  
& Marinara Sauce  
String Cheese  
*Super Hero Salad*  
*Mixed Vegetables*  
*Crunchy Baby Carrots*  
*Crispy Celery Sticks*  
*Canned Pears*  
*Seasonal Fresh Fruit*

Hot Dog  
Yogurt, String Cheese  
& Muffin  
Chicken Nuggets  
Happy Birthday Cookie  
Whole Grain Roll  
*Be Strong Beans*  
*Super Hero Salad*  
*Power Peas*  
*Broccoli Bites*  
*Applesauce*  
*Seasonal Fresh Fruit*



Free or reduced-priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at: <http://mealapps.sanjuan.edu>

Paper applications are also available at: San Juan Central Office, Nutrition Services Office, School Offices, & Cafeterias.

Questions about Meal Applications?  
Call: (916) 971-7035

Meals may be pre-purchased online at: [www.myschoolbucks.com](http://www.myschoolbucks.com)

Menus subject to change.

\*Contains pork products.

Secondary students may also choose from underlined items.

Items in *italics* are for salad bar.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.



Let's celebrate November Birthdays with a Happy Birthday cookie offered with lunch on November 30<sup>th</sup>!