

MAY 2019



San Juan Unified School District K-8 LUNCH

ELEMENTARY \$3.00 SECONDARY \$3.50

MONDAY



Let's celebrate
May Birthdays
with a Happy
Birthday Cookie
offered with lunch
on May 30th!

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6
Popcorn Chicken
Cheesy Breadsticks
& Marinara Sauce
Corn Star
Creamy Mashed Potatoes
Shredded Cheese
Super Hero Salad
Golden Pirate Corn
Crunchy Baby Carrots
All Mixed Up Fruit
Apple Crunchers

7
Chicken & Waffles
Bean & Cheese Burrito
Super Hero Salad
Broccoli Bites
Mixed Vegetables
Lean Mean Green Beans
Canned Peas
Sunshine Slices

8
Corn Dog
Hot & Spicy Chicken Bites
Be Strong Beans
Shredded Cheese
Super Hero Salad
Crunchy Baby Carrots
Canned Peaches
Seasonal Fresh Fruit

9
Cheeseburger
Yogurt, String Cheese
& Muffin
Whole Grain Roll
Potato Wedges
Shredded Lettuce
Broccoli Bites
Crispy Celery Sticks
Crunchy Baby Carrots
Applesauce
Seasonal Fresh Fruit

10
Pepperoni Pizza
Cheese Pizza
Spicy Chicken Patty Sandwich
Manager's Special
Super Hero Salad
Crispy Celery Sticks
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit Variety
Seasonal Fresh Fruit

13
Chicken Nuggets
Cheesy Breadsticks
& Marinara Sauce
Goldfish Cheddar Crackers
Be Strong Beans
Super Hero Salad
Power Peas
Crispy Celery Sticks
Canned Peas
Apple Crunchers

14
French Toast Sticks
Beef Sausage Patty
Bean & Cheese Burrito
Super Hero Salad
Crispy Celery Sticks
Crunchy Baby Carrots
Lean Mean Green Beans
Applesauce
Sunshine Slices

15
Cheesy Breadsticks
Hot & Spicy Chicken Bites
Marinara Sauce
Super Hero Salad
Broccoli Bites
Mixed Vegetables
Golden Pirate Corn
Canned Peaches
Seasonal Fresh Fruit

16
Chicken Patty
Sandwich
Yogurt, String Cheese
& Muffin
Shredded Lettuce
Broccoli Bites
Crunchy Baby Carrots
Crispy Celery Sticks
All Mixed Up Fruit
Seasonal Fresh Fruit

17
Pepperoni Pizza
Cheese Pizza
Spicy Chicken Patty Sandwich
Manager's Special
Super Hero Salad
Golden Pirate Corn
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit Variety
Seasonal Fresh Fruit

20
Corn Dog
Cheesy Breadsticks
& Marinara Sauce
Be Strong Beans
Super Hero Salad
Broccoli Bites
Crunchy Baby Carrots
Canned Peaches
Apple Crunchers

21
Popcorn Chicken
Bean & Cheese Burrito
Corn Star
Creamy Mashed Potatoes
Shredded Cheese
Super Hero Salad
Power Peas
Golden Pirate Corn
All Mixed Up Fruit
Sunshine Slices

22
Bean & Cheese Burrito
Hot & Spicy Chicken Bites
Whole Grain Roll
Super Hero Salad
Salsa
Mixed Vegetables
Crispy Celery Sticks
Canned Peas
Seasonal Fresh Fruit

23
Cheeseburger
Yogurt, String Cheese
& Muffin
Potato Wedges
Shredded Lettuce
Power Peas
Broccoli Bites
Crunchy Baby Carrots
Applesauce
Seasonal Fresh Fruit

24
Pepperoni Pizza
Cheese Pizza
Spicy Chicken Patty Sandwich
Manager's Special
Super Hero Salad
Crunchy Baby Carrots
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit Variety
Seasonal Fresh Fruit

27
--No School--

28
French Toast Sticks
Beef Sausage Patty
Bean & Cheese Burrito
Super Hero Salad
Broccoli Bites
Crispy Celery Sticks
Crunchy Baby Carrots
Applesauce
Sunshine Slices

29
Cheesy Breadsticks
Hot & Spicy Chicken Bites
Marinara Sauce
Super Hero Salad
Mixed Vegetables
Golden Pirate Corn
Crunchy Baby Carrots
Canned Peas
Seasonal Fresh Fruit

30
Chicken Patty
Sandwich
Yogurt, String Cheese
& Muffin
Happy Birthday Cookie
Be Strong Beans
Shredded Lettuce
Broccoli Bites
Crispy Celery Sticks
All Mixed Up Fruit
Seasonal Fresh Fruit

31
Pepperoni Pizza
Cheese Pizza
Spicy Chicken Patty Sandwich
Manager's Special
Super Hero Salad
Crunchy Baby Carrots
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit Variety
Seasonal Fresh Fruit



Nutrition Services

Free or Reduced-Priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at:
<https://mealapps.sanjuan.edu>

Paper applications are also available at:
San Juan Central Office,
Nutrition Services Office,
School Offices, & Cafeterias.

Questions about Meal Applications?
Call: (916) 971-7035

Meals may be pre-purchased online at:
www.myschoolbucks.com

Menus subject to change.

*Contains pork products.

Items in *italics* are for salad bar.

Secondary students may also choose from underlined items.

Manager's Special is offered as a possible additional entrée option every Friday during the month of May.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.

