

MARCH 2019

San Juan Unified School District
K-8 BREAKFAST \$2.00

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NATIONAL SCHOOL BREAKFAST WEEK

MARCH 25 - 29, 2019



4



Waffles
or
Whole Grain Cereal**
Beef Sausage Patty
Canned Pears
100% Fruit Juice

5

Corn Star & Yogurt
or
Whole Grain Cereal**
All Mixed Up Fruit
Seasonal Fresh Fruit

6

Whole Grain Muffin
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

7



Pancakes
or
Whole Grain Cereal**
Applesauce
Seasonal Fresh Fruit

8

Cinnamon Roll
or
Whole Grain Cereal**
Canned Peaches
Seasonal Fresh Fruit

11

Whole Grain Muffin
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

12

Pancake Sausage
Roll Up
or
Whole Grain Cereal**
Applesauce
Seasonal Fresh Fruit

13



Yogurt Parfait
or
Whole Grain Cereal**
All Mixed Up Fruit
100% Fruit Juice

14



Pancakes
or
Whole Grain Cereal**
Canned Pears
Seasonal Fresh Fruit

15

French Toast Sticks
or
Whole Grain Cereal**
Turkey Bacon
Canned Peaches
Seasonal Fresh Fruit

18



Waffles
or
Whole Grain Cereal**
Beef Sausage Patty
Applesauce
100% Fruit Juice

19

Apple Cinnamon Scone
or
Whole Grain Cereal**
Canned Peaches
Seasonal Fresh Fruit

20

Whole Grain Muffin
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice


21



Pancakes
or
Whole Grain Cereal**
All Mixed Up Fruit
Seasonal Fresh Fruit

22

--No School--



25

Breakfast Pizza
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

26



Cinnamon Roll
or
Whole Grain Cereal**
Canned Peaches
Seasonal Fresh Fruit

27



Yogurt Parfait
or
Whole Grain Cereal**
Applesauce
100% Fruit Juice

28



Pancakes
or
Whole Grain Cereal**
Canned Peaches
Seasonal Fresh Fruit

29

French Toast Sticks
or
Whole Grain Cereal**
Turkey Bacon
All Mixed Up Fruit
Seasonal Fresh Fruit



Nutrition Services

Free or Reduced-Priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at: <https://mealapps.sanjuan.edu>

Paper applications are also available at: San Juan Central Office, Nutrition Services Office, School Offices, & Cafeterias.

Questions about Meal Applications?
Call: (916) 971-7035

Meals may be pre-purchased online at: www.myschoolbucks.com

Menus subject to change.
*Contains pork products.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.

NOW HIRING!

Nutrition Services
Job Opportunities

Apply online at: www.edjoin.org