

January 2019

San Juan Unified School District
K-8 BREAKFAST \$2.00

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

--No School--

2

--No School--

3

--No School--

4

--No School--

7

--No School--

8

Cinnamon Roll
or
Whole Grain Cereal**
All Mixed Up Fruit
100% Fruit Juice

9

Breakfast Pizza
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

10

Pancakes
or
Whole Grain Cereal**
Applesauce
Seasonal Fresh Fruit

11

Pancake Sausage
Roll Up
or
Whole Grain Cereal**
Canned Pears
Seasonal Fresh Fruit

14

Whole Grain Muffin
or
Whole Grain Cereal**
Applesauce
100% Fruit Juice

15

Yogurt Parfait
or
Whole Grain Cereal**
Canned Pears
Seasonal Fresh Fruit

16

Apple Cinnamon Scone
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

17

Pancakes
or
Whole Grain Cereal**
Canned Peaches
Seasonal Fresh Fruit

18

French Toast Sticks
or
Whole Grain Cereal**
Turkey Bacon
All Mixed Up Fruit
Seasonal Fresh Fruit

21

--No School--

22

Corn Star & Yogurt
or
Whole Grain Cereal**
All Mixed Up Fruit
Seasonal Fresh Fruit

23

Breakfast Pizza
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

24

Pancakes
or
Whole Grain Cereal**
Applesauce
Seasonal Fresh Fruit

25

Cinnamon Roll
or
Whole Grain Cereal**
Canned Peaches
100% Fruit Juice

28

Whole Grain Muffin
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

29

Pancake Sausage
Roll Up
or
Whole Grain Cereal**
Applesauce
Seasonal Fresh Fruit

30

Yogurt Parfait
or
Whole Grain Cereal**
All Mixed Up Fruit
100% Fruit Juice

31

Pancakes
or
Whole Grain Cereal**
Canned Pears
Seasonal Fresh Fruit



Nutrition Services

Free or Reduced-Priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at:
<https://mealapps.sanjuan.edu>

Paper applications are also available at:
San Juan Central Office,
Nutrition Services Office,
School Offices, & Cafeterias.

Questions about Meal Applications?
Call: (916) 971-7035

Meals may be pre-purchased online at:
www.myschoolbucks.com

Menus subject to change.
*Contains pork products.

**Frosted Shredded Wheat Cereal and Marshmallow Mateys Cereal contain pork product. Honey Scooters Cereal does not contain pork product.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.

NOW HIRING!

Nutrition Services
Job Opportunities

Apply online at:
www.edjoin.org