

# JANUARY 2018

## San Juan Unified School District K-8 BREAKFAST \$2.00

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### NOW HIRING!

Nutrition Services  
Job Opportunities

Apply online at: [www.edjoin.org](http://www.edjoin.org)



Positions available may include:

- Nutrition Services Worker I's
- Nutrition Services Worker II's
- Substitute Food Service Workers

May be offered 2-7 hours per day.

Free or reduced-priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at: <http://mealapps.sanjuan.edu>

Paper applications are also available at: San Juan Central Office, Nutrition Services Office, School Offices & Cafeterias.

Questions about Meal Applications?  
Call: (916) 971-7035

Meals may be pre-purchased online at: [www.myschoolbucks.com](http://www.myschoolbucks.com)

Menus subject to change.

\*Contains pork products.

\*\*Frosted Mini Spooners and Marshmallow Mateys Cereal contain pork product. Honey Scooters Cereal does not contain pork product.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.

Pancakes on the menu every Thursday!



8

--No School--

9

Yogurt Parfait  
or  
Whole Grain Cereal\*\*  
Canned Pears  
Seasonal Fresh Fruit

10

Crumb Square  
or  
Whole Grain Cereal\*\*  
Applesauce  
100% Fruit Juice

11

Cinnamon Glazed  
Pancakes  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

12

French Toast Sticks  
or  
Whole Grain Cereal\*\*  
Turkey Bacon  
All Mixed Up Fruit  
Seasonal Fresh Fruit

15

--No School--

16

Corn Star & Yogurt  
or  
Whole Grain Cereal\*\*  
All Mixed Up Fruit  
Seasonal Fresh Fruit

17

Breakfast Pizza  
or  
Whole Grain Cereal\*\*  
Seasonal Fresh Fruit  
100% Fruit Juice

18

Cinnamon Glazed  
Pancakes  
or  
Whole Grain Cereal\*\*  
Applesauce  
Seasonal Fresh Fruit

19

Cinnamon Roll  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

22

Whole Grain Muffin  
or  
Whole Grain Cereal\*\*  
Seasonal Fresh Fruit  
100% Fruit Juice

23

Pancake Sausage Roll Up  
or  
Whole Grain Cereal\*\*  
Applesauce  
Seasonal Fresh Fruit

24

Yogurt Parfait  
or  
Whole Grain Cereal\*\*  
All Mixed Up Fruit  
100% Fruit Juice

25

Cinnamon Glazed  
Pancakes  
or  
Whole Grain Cereal\*\*  
Canned Pears  
Seasonal Fresh Fruit

26

French Toast Sticks  
or  
Whole Grain Cereal\*\*  
Turkey Bacon  
Canned Peaches  
Seasonal Fresh Fruit

29

Waffles  
or  
Whole Grain Cereal\*\*  
Beef Sausage Patty  
Applesauce  
100% Fruit Juice

30

Crumb Square  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

31

Breakfast Pizza  
or  
Whole Grain Cereal\*\*  
Seasonal Fresh Fruit  
100% Fruit Juice

