

# DECEMBER 2017

**San Juan Unified School District  
K-8 BREAKFAST \$2.00**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**NOW HIRING!**

**Nutrition Services  
Job Opportunities**



Positions available may include:

- Nutrition Services Worker I's
- Nutrition Services Worker II's
- Substitute Food Service Workers

May be offered 2-7 hours per day.

Apply online at: [www.edjoin.org](http://www.edjoin.org)

**1**  
French Toast Sticks  
or  
Whole Grain Cereal\*\*  
Turkey Bacon  
All Mixed Up Fruit  
Seasonal Fresh Fruit

Free or reduced-priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at: <http://mealapps.sanjuan.edu>

**4**  
Waffles  
or  
Whole Grain Cereal\*\*  
Beef Sausage Patty  
Canned Pears  
100% Fruit Juice

**5**  
Corn Star & Yogurt  
or  
Whole Grain Cereal\*\*  
All Mixed Up Fruit  
Seasonal Fresh Fruit

**6**  
Breakfast Pizza  
or  
Whole Grain Cereal\*\*  
Seasonal Fresh Fruit  
100% Fruit Juice

**7**  
Cinnamon Glazed  
Pancakes  
or  
Whole Grain Cereal\*\*  
Applesauce  
Seasonal Fresh Fruit

**8**  
Cinnamon Roll  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

Paper applications are also available at:  
San Juan Central Office,  
Nutrition Services Office,  
School Offices & Cafeterias.

Questions about Meal  
Applications?  
Call: (916) 971-7035

**11**  
Whole Grain Muffin  
or  
Whole Grain Cereal\*\*  
Seasonal Fresh Fruit  
100% Fruit Juice

**12**  
Pancake Sausage Roll Up  
or  
Whole Grain Cereal\*\*  
Applesauce  
Seasonal Fresh Fruit

**13**  
Yogurt Parfait  
or  
Whole Grain Cereal\*\*  
All Mixed Up Fruit  
100% Fruit Juice

**14**  
Cinnamon Glazed  
Pancakes  
or  
Whole Grain Cereal\*\*  
Canned Pears  
Seasonal Fresh Fruit

**15**  
French Toast Sticks  
or  
Whole Grain Cereal\*\*  
Turkey Bacon  
Canned Peaches  
Seasonal Fresh Fruit

Meals may be pre-purchased online at:  
[www.myschoolbucks.com](http://www.myschoolbucks.com)

Menus subject to change.

\*Contains pork products.

\*\*Frosted Mini Spooners and Marshmallow Mateys Cereal contain pork product. Honey Scooters Cereal does not contain pork product.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.

**18**  
Waffles  
or  
Whole Grain Cereal\*\*  
Beef Sausage Patty  
Applesauce  
100% Fruit Juice

**19**  
Crumb Square  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

**20**  
Breakfast Pizza  
or  
Whole Grain Cereal\*\*  
Seasonal Fresh Fruit  
100% Fruit Juice

**21**  
Cinnamon Glazed  
Pancakes  
or  
Whole Grain Cereal\*\*  
All Mixed Up Fruit  
Seasonal Fresh Fruit

--No School--

--No School--

--No School--

--No School--

--No School--

--No School--

**25**

**26**

**27**

**28**

**29**