

December 2018

San Juan Unified School District ELEMENTARY LUNCH \$3.00

Monday

3

Corn Dog
Be Strong Beans
Super Hero Salad
Broccoli Bites
Crunchy Baby Carrots
Canned Peaches
Apple Crunchers

10

Chicken Nuggets
Goldfish Cheddar Crackers
Shredded Cheese
Super Hero Salad
Power Peas
Golden Pirate Corn
Canned Peaches
Apple Crunchers

17

Teriyaki Beef Nuggets
Whole Grain Roll
Creamy Mashed Potatoes
Be Strong Beans
Super Hero Salad
Mixed Vegetables
Broccoli Bites
Canned Peas
Apple Crunchers

24

--No School--

31

--No School--

Tuesday

4

Popcorn Chicken
Corn Star
Creamy Mashed Potatoes
Shredded Cheese
Super Hero Salad
Power Peas
Golden Pirate Corn
All Mixed Up Fruit
Seasonal Fresh Fruit

11

French Toast Sticks
Beef Sausage Patty
Super Hero Salad
Crispy Celery Sticks
Broccoli Bites
Crunchy Baby Carrots
Applesauce
Seasonal Fresh Fruit

18

Chicken & Waffles
Super Hero Salad
Power Peas
Golden Pirate Corn
Crispy Celery Sticks
Canned Peaches
Seasonal Fresh Fruit

25

--No School--

Wednesday

5

Bean & Cheese Burrito
Super Hero Salad
Salsa
Mixed Vegetables
Crispy Celery Sticks
Canned Peas
Seasonal Fresh Fruit

12

Cheesy Breadsticks
Marinara Sauce
Super Hero Salad
Mixed Vegetables
Golden Pirate Corn
Crunchy Baby Carrots
Canned Peas
Seasonal Fresh Fruit

19

Bean & Cheese Burrito
Super Hero Salad
Salsa
Mixed Vegetables
Lean Mean Green Beans
Applesauce
Seasonal Fresh Fruit

26

--No School--

Thursday

6

Cheeseburger
Potato Wedges
Shredded Lettuce
Power Peas
Broccoli Bites
Crunchy Baby Carrots
Applesauce
Seasonal Fresh Fruit

13

Chicken Patty Sandwich
Be Strong Beans
Shredded Lettuce
Broccoli Bites
Crispy Celery Sticks
All Mixed Up Fruit
Seasonal Fresh Fruit

20

Hot Dog
Happy Birthday Cookie
Cheez Its
Super Hero Salad
Crispy Celery Sticks
Broccoli Bites
Crunchy Baby Carrots
All Mixed Up Fruit
Seasonal Fresh Fruit

27

--No School--

Friday

7

Pepperoni Pizza
or
Cheese Pizza
Super Hero Salad
Crunchy Baby Carrots
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit Variety
Seasonal Fresh Fruit

14

Pepperoni Pizza
or
Cheese Pizza
Super Hero Salad
Crunchy Baby Carrots
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit Variety
Seasonal Fresh Fruit

21

Pepperoni Pizza
or
Cheese Pizza
Super Hero Salad
Crunchy Baby Carrots
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit Variety
Seasonal Fresh Fruit

28

--No School--



Let's celebrate December Birthdays
with a Happy Birthday Cookie offered
with lunch on December 20th!



Nutrition Services

Free or Reduced-Priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at:

<https://mealapps.sanjuan.edu>

Paper applications are also available at:
San Juan Central Office,
Nutrition Services Office,
School Offices, & Cafeterias.

Questions about Meal Applications?
Call: (916) 971-7035

Meals may be pre-purchased online at:
www.myschoolbucks.com

Menus subject to change.

*Contains pork products.

Items in *italics* are for salad bar.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.