

April 2019

San Juan Unified School District
K-8 BREAKFAST \$2.00

Monday

1
Waffles
or
Whole Grain Cereal**
Beef Sausage Patty
Canned Peaches
100% Fruit Juice

8
Whole Grain Muffin
or
Whole Grain Cereal**
Applesauce
100% Fruit Juice

15
--No School--

22
Cinnamon Roll
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

29
Waffles
or
Whole Grain Cereal**
Beef Sausage Patty
Applesauce
100% Fruit Juice

Tuesday

2
Pancake
Sausage Roll Up
or
Whole Grain Cereal**
All Mixed Up Fruit
Seasonal Fresh Fruit

9
Yogurt Parfait
or
Whole Grain Cereal**
Canned Peaches
Seasonal Fresh Fruit

16
--No School--

23
Pancake
Sausage Roll Up
or
Whole Grain Cereal**
Applesauce
Seasonal Fresh Fruit

30
Apple Cinnamon Scone
or
Whole Grain Cereal**
Canned Peaches
Seasonal Fresh Fruit

Wednesday

3
Breakfast Pizza
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

10
Apple Cinnamon Scone
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

17
--No School--

24
Yogurt Parfait
or
Whole Grain Cereal**
All Mixed Up Fruit
100% Fruit Juice

Thursday

4

Pancakes
or
Whole Grain Cereal**
Applesauce
Seasonal Fresh Fruit

11

Pancakes
or
Whole Grain Cereal**
Canned Peaches
Seasonal Fresh Fruit

18
--No School--

25

Pancakes
or
Whole Grain Cereal**
Canned Peaches
Seasonal Fresh Fruit

Friday

5
Cinnamon Roll
or
Whole Grain Cereal**
Canned Peaches
Seasonal Fresh Fruit

12
French Toast Sticks
or
Whole Grain Cereal**
Turkey Bacon
All Mixed Up Fruit
Seasonal Fresh Fruit

19
--No School--

26
French Toast Sticks
or
Whole Grain Cereal**
Turkey Bacon
Canned Peaches
Seasonal Fresh Fruit



Nutrition Services

Free or Reduced-Priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at:

<https://mealapps.sanjuan.edu>

Paper applications are also available at:
San Juan Central Office,
Nutrition Services Office,
School Offices, & Cafeterias.

Questions about Meal Applications?
Call: (916) 971-7035

Meals may be pre-purchased online at:
www.myschoolbucks.com

Menus subject to change.

*Contains pork products.

**Frosted Shredded Wheat Cereal and Marshmallow Mateys Cereal contain pork product. Honey Scooters Cereal does not contain pork product.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.



Nutrition Services
NOW HIRING!

Apply online at:
www.edjoin.org

Positions available may include:

- Nutrition Services Worker I's
- Nutrition Services Worker II's
- Substitute Food Service Workers

May be offered 2 - 7 hours per day.