

AUGUST 2018

San Juan Unified School District
K-8 BREAKFAST \$2.00

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Warm, soft Cinnamon Pancakes are offered on the menu every Thursday!



NOW HIRING!

Nutrition Services
Job Opportunitites



Apply online at: www.edjoin.org

We are excited to add a new Student Approved Apple Cinnamon Scone to the Breakfast Menu. A scone is a sweet biscuit with a light glaze. Fat Cat Bakery creates this moist and delicious scone with the best all natural ingredients. Fat Cat Bakery is located in Sacramento.

Nutrition Services

Free or Reduced-Priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at:
<https://mealapps.sanjuan.edu>

Paper applications are also available at:
San Juan Central Office,
Nutrition Services Office,
School Offices, & Cafeterias.

Questions about Meal Applications?
Call: (916) 971-7035

Meals may be pre-purchased online at:
www.myschoolbucks.com

Menus Subject to Change.

*Contains pork products.

**Frosted Shredded Wheat Cereal and Marshmallow Mateys Cereal contain pork product. Honey Scooters Cereal does not contain pork product.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.



20

Pancake Sausage Roll Up
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

21

Yogurt Parfait
or
Whole Grain Cereal**
Canned Pears
Seasonal Fresh Fruit

22

Apple Cinnamon Scone
or
Whole Grain Cereal**
Applesauce
100% Fruit Juice

23

Cinnamon Pancakes
or
Whole Grain Cereal**
Canned Peaches
Seasonal Fresh Fruit

24

French Toast Sticks
or
Whole Grain Cereal**
Turkey Bacon
All Mixed Up Fruit
Seasonal Fresh Fruit

27

Waffles
or
Whole Grain Cereal**
Beef Sausage Patty
Canned Pears
100% Fruit Juice

28

Corn Star & Yogurt
or
Whole Grain Cereal**
All Mixed Up Fruit
Seasonal Fresh Fruit

29

Breakfast Pizza
or
Whole Grain Cereal**
Seasonal Fresh Fruit
100% Fruit Juice

30

Cinnamon Pancakes
or
Whole Grain Cereal**
Applesauce
Seasonal Fresh Fruit

31

Cinnamon Roll
or
Whole Grain Cereal**
Canned Peaches
Seasonal Fresh Fruit