

# April 2018

## San Juan Unified School District K-8 LUNCH

ELEMENTARY \$3.00 SECONDARY \$3.50

### Monday

**2**  
Corn Dog  
Cheesy Breadsticks  
& Marinara Sauce  
Wowbutter Sandwich  
String Cheese  
*Lean Mean Green Beans*  
Golden Pirate Corn  
Mixed Vegetables  
Crunchy Baby Carrots  
Canned Peaches  
Apple Crunchers

**9**  
Chicken Nuggets  
Cheesy Breadsticks  
& Marinara Sauce  
Wowbutter Sandwich  
String Cheese  
Goldfish Cheddar Crackers  
Shredded Cheddar Cheese  
Super Hero Salad  
Power Peas  
Golden Pirate Corn  
Canned Peaches  
Apple Crunchers

**16**  
Teriyaki Beef Nuggets  
Chicken Nuggets  
Wowbutter Sandwich  
String Cheese  
Whole Grain Roll  
Creamy Mashed Potatoes  
Super Hero Salad  
Mixed Vegetables  
Crunchy Baby Carrots  
Broccoli Bites  
Canned Peaches  
Apple Crunchers

**23**  
Chicken Drumstick  
Popcorn Chicken  
Wowbutter Sandwich  
String Cheese  
Corn Star  
Shredded Cheddar Cheese  
Super Hero Salad  
Power Peas  
Golden Pirate Corn  
Canned Peaches  
Apple Crunchers

**30**  
Popcorn Chicken  
Teriyaki Beef Nuggets  
Wowbutter Sandwich  
String Cheese  
Corn Star  
Creamy Mashed Potatoes  
Shredded Cheddar Cheese  
Super Hero Salad  
Golden Pirate Corn  
Crunchy Baby Carrots  
All Mixed Up Fruit  
Apple Crunchers

### Tuesday

**3**  
Popcorn Chicken  
Teriyaki Beef Nuggets  
Hot & Spicy Chicken Bites  
Corn Star  
Creamy Mashed Potatoes  
Shredded Cheddar Cheese  
Super Hero Salad  
Broccoli Bites  
Golden Pirate Corn  
All Mixed Up Fruit  
Sunshine Slices

**10**  
French Toast Sticks  
Beef Sausage Patty  
Wowbutter Sandwich  
Hot & Spicy Chicken Bites  
Super Hero Salad  
Crispy Celery Sticks  
Broccoli Bites  
Crunchy Baby Carrots  
Applesauce  
Sunshine Slices

**17**  
Chicken & Waffles  
Bean Burrito  
Hot & Spicy Chicken Bites  
Whole Grain Roll  
Super Hero Salad  
Power Peas  
Golden Pirate Corn  
Crispy Celery Sticks  
Canned Peaches  
Sunshine Slices

**24**  
Chicken Taco  
Bean Burrito  
Hot & Spicy Chicken Bites  
Shredded Cheddar Cheese  
Be Strong Beans  
Shredded Lettuce  
Salsa  
All Mixed Up Fruit  
Seasonal Fresh Fruit

### Wednesday

**4**  
Wowbutter Sandwich  
Chicken Nuggets  
Cheesy Breadsticks  
& Marinara Sauce  
String Cheese  
Super Hero Salad  
Mixed Vegetables  
Crunchy Baby Carrots  
Crispy Celery Sticks  
Canned Peaches  
Seasonal Fresh Fruit

**11**  
Bean Burrito  
Corn Dog  
Cheesy Breadsticks  
& Marinara Sauce  
Super Hero Salad  
Salsa  
Mixed Vegetables  
Golden Pirate Corn  
Canned Apricots  
Seasonal Fresh Fruit

**18**  
Wowbutter Sandwich  
Corn Dog  
Cheesy Breadsticks  
& Marinara Sauce  
String Cheese  
Super Hero Salad  
Mixed Vegetables  
Lean Mean Green Beans  
Crunchy Baby Carrots  
Applesauce  
Seasonal Fresh Fruit

**25**  
Cheesy Breadsticks  
& Marinara Sauce  
Chicken Nuggets  
Corn Dog  
Super Hero Salad  
Golden Pirate Corn  
Crispy Celery Sticks  
Broccoli Bites  
Applesauce  
Seasonal Fresh Fruit

### Thursday

**5**  
Hot Dog  
Yogurt, String Cheese  
& Muffin  
Chicken Nuggets  
Whole Grain Roll  
Cheez Its  
Be Strong Beans  
Super Hero Salad  
Power Peas  
Broccoli Bites  
Applesauce  
Seasonal Fresh Fruit

**12**  
Chicken Patty Sandwich  
Yogurt, String Cheese  
& Muffin  
Chicken Nuggets  
Whole Grain Roll  
Shredded Lettuce  
Crispy Celery Sticks  
Crunchy Baby Carrots  
Broccoli Bites  
All Mixed Up Fruit  
Seasonal Fresh Fruit

**19**  
Cheeseburger  
Yogurt, String Cheese  
& Muffin  
Chicken Nuggets  
Whole Grain Roll  
Potato Wedges  
Shredded Lettuce  
Crispy Celery Sticks  
Broccoli Bites  
Crunchy Baby Carrots  
All Mixed Up Fruit  
Seasonal Fresh Fruit

**26**  
Chicken Patty Sandwich  
Yogurt, String Cheese  
& Muffin  
Chicken Nuggets  
Happy Birthday Cookie  
Whole Grain Roll  
Shredded Lettuce  
Power Peas  
Broccoli Bites  
Crunchy Baby Carrots  
Canned Peaches  
Seasonal Fresh Fruit

### Friday

**6**  
Pepperoni Pizza\*  
Cheese Pizza  
Spicy Chicken Patty Sandwich  
Super Hero Salad  
Crunchy Baby Carrots  
Vegetable Variety  
Fresh Vegetable Variety  
Canned Fruit  
Seasonal Fresh Fruit

**13**  
Pepperoni Pizza\*  
Cheese Pizza  
Spicy Chicken Patty Sandwich  
Be Strong Beans  
Super Hero Salad  
Vegetable Variety  
Fresh Vegetable Variety  
Canned Fruit  
Seasonal Fresh Fruit

**20**  
Pepperoni Pizza\*  
Cheese Pizza  
Spicy Chicken Patty Sandwich  
Be Strong Beans  
Super Hero Salad  
Vegetable Variety  
Fresh Vegetable Variety  
Canned Fruit  
Seasonal Fresh Fruit

**27**  
--No School--

Free or Reduced-Priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at: <http://mealapps.sanjuan.edu>

Paper applications are also available at: San Juan Central Office, Nutrition Services Office, School Offices & Cafeterias.

Questions about Meal Applications? Call: (916) 971-7035

Meals may be pre-purchased online at: [www.myschoolbucks.com](http://www.myschoolbucks.com)

Menus subject to change.

\*Contains pork products.

Items in *italics* are for salad bar.

Secondary students may also choose from underlined items.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.



Let's celebrate April Birthdays with a Happy Birthday cookie offered with lunch on April 26<sup>th</sup>!

**HEALTHY EATING EXPO**



**Rio Americano High School**  
April 22, 2018  
8:30a.m. – 10:30a.m.