

# April 2018

## San Juan Unified School District K-8 BREAKFAST \$2.00

### Monday

2

Cinnamon Roll  
or  
Whole Grain Cereal\*\*  
All Mixed Up Fruit  
Seasonal Fresh Fruit

9

Waffles  
or  
Whole Grain Cereal\*\*  
Beef Sausage Patty  
Canned Peaches  
100% Fruit Juice

16

Whole Grain Muffin  
or  
Whole Grain Cereal\*\*  
Seasonal Fresh Fruit  
100% Fruit Juice

23

Waffles  
or  
Whole Grain Cereal\*\*  
Beef Sausage Patty  
Applesauce  
100% Fruit Juice

30

Whole Grain Muffin  
or  
Whole Grain Cereal\*\*  
Seasonal Fresh Fruit  
100% Fruit Juice

### Tuesday

3

Yogurt Parfait  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

10

Corn Star & Yogurt  
or  
Whole Grain Cereal\*\*  
All Mixed Up Fruit  
Seasonal Fresh Fruit

17

Pancake Sausage Roll Up  
or  
Whole Grain Cereal\*\*  
Applesauce  
Seasonal Fresh Fruit

24

Crumb Square  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

### Wednesday

4

Crumb Square  
or  
Whole Grain Cereal\*\*  
Applesauce  
100% Fruit Juice

11

Breakfast Pizza  
or  
Whole Grain Cereal\*\*  
Seasonal Fresh Fruit  
100% Fruit Juice

18

Yogurt Parfait  
or  
Whole Grain Cereal\*\*  
All Mixed Up Fruit  
100% Fruit Juice

25

Breakfast Pizza  
or  
Whole Grain Cereal\*\*  
Seasonal Fresh Fruit  
100% Fruit Juice

### Thursday

5

Cinnamon Glazed  
Pancakes  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

12

Cinnamon Glazed  
Pancakes  
or  
Whole Grain Cereal\*\*  
Applesauce  
Seasonal Fresh Fruit

19

Cinnamon Glazed  
Pancakes  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

26

Cinnamon Glazed  
Pancakes  
or  
Whole Grain Cereal\*\*  
All Mixed Up Fruit  
Seasonal Fresh Fruit

### Friday

6

French Toast Sticks  
or  
Whole Grain Cereal\*\*  
Turkey Bacon  
All Mixed Up Fruit  
Seasonal Fresh Fruit

13

Cinnamon Roll  
or  
Whole Grain Cereal\*\*  
Canned Peaches  
Seasonal Fresh Fruit

20

French Toast Sticks  
or  
Whole Grain Cereal\*\*  
Turkey Bacon  
Canned Peaches  
Seasonal Fresh Fruit

27

--No School--

Free or Reduced-Priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at: <http://mealapps.sanjuan.edu>

Paper applications are also available at:  
San Juan Central Office,  
Nutrition Services Office,  
School Offices & Cafeterias.

Questions about Meal Applications?  
Call: (916) 971-7035

Meals may be pre-purchased online at:  
[www.myschoolbucks.com](http://www.myschoolbucks.com)

Menus subject to change.

\*Contains pork products.

\*\*Frosted Mini Spooners and Marshmallow Mateys Cereal contain pork product. Honey Scooters Cereal does not contain pork product.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.

**NOW HIRING!**

**Nutrition Services  
Job Opportunities**

Apply online at:  
[www.edjoin.org](http://www.edjoin.org)

**HEALTHY  
EATING  
EXPO**



**Rio Americano High School**  
**April 22, 2018**  
**8:30a.m. – 10:30a.m.**