

April 2018

San Juan Unified School District ELEMENTARY LUNCH \$3.00

Monday

2

Corn Dog
Lean Mean Green Beans
Golden Pirate Corn
Mixed Vegetables
Crunchy Baby Carrots
Canned Peaches
Apple Crunchers

9

Chicken Nuggets
Goldfish Cheddar Crackers
Super Hero Salad
Shredded Cheddar Cheese
Power Peas
Golden Pirate Corn
Canned Peaches
Apple Crunchers

16

Teriyaki Beef Nuggets
Whole Grain Roll
Creamy Mashed Potatoes
Super Hero Salad
Mixed Vegetables
Crunchy Baby Carrots
Broccoli Bites
Canned Peaches
Apple Crunchers

23

Chicken Drumstick
Corn Star
Shredded Cheddar Cheese
Super Hero Salad
Power Peas
Golden Pirate Corn
Canned Peaches
Apple Crunchers

30

Popcorn Chicken
Corn Star
Creamy Mashed Potatoes
Shredded Cheddar Cheese
Super Hero Salad
Golden Pirate Corn
Crunchy Baby Carrots
All Mixed Up Fruit
Apple Crunchers

Tuesday

3

Popcorn Chicken
Corn Star
Creamy Mashed Potatoes
Shredded Cheddar Cheese
Super Hero Salad
Golden Pirate Corn
Broccoli Bites
All Mixed Up Fruit
Sunshine Slices

10

French Toast Sticks
Beef Sausage Patty
Super Hero Salad
Crispy Celery Sticks
Broccoli Bites
Crunchy Baby Carrots
Applesauce
Sunshine Slices

17

Chicken & Waffles
Super Hero Salad
Power Peas
Golden Pirate Corn
Crispy Celery Sticks
Canned Peaches
Sunshine Slices

24

Chicken Taco
Shredded Cheddar Cheese
Be Strong Beans
Shredded Lettuce
Salsa
All Mixed Up Fruit
Sunshine Slices

Wednesday

4

Wowbutter Sandwich
String Cheese
Super Hero Salad
Mixed Vegetables
Crunchy Baby Carrots
Crispy Celery Sticks
Canned Peaches
Seasonal Fresh Fruit

11

Bean Burrito
Super Hero Salad
Mixed Vegetables
Golden Pirate Corn
Salsa
Canned Apricots
Seasonal Fresh Fruit

18

Wowbutter Sandwich
String Cheese
Super Hero Salad
Lean Mean Green Beans
Mixed Vegetables
Crunchy Baby Carrots
Applesauce
Seasonal Fresh Fruit

25

Cheesy Breadsticks
Marinara Sauce
Super Hero Salad
Golden Pirate Corn
Crispy Celery Sticks
Broccoli Bites
Applesauce
Seasonal Fresh Fruit

Thursday

5

Hot Dog
Cheez Its
Super Hero Salad
Be Strong Beans
Power Peas
Broccoli Bites
Applesauce
Seasonal Fresh Fruit

12

Chicken Patty Sandwich
Shredded Lettuce
Crispy Celery Sticks
Crunchy Baby Carrots
Broccoli Bites
All Mixed Up Fruit
Seasonal Fresh Fruit

19

Cheeseburger
Potato Wedges
Shredded Lettuce
Crunchy Baby Carrots
Crispy Celery Sticks
Broccoli Bites
All Mixed Up Fruit
Seasonal Fresh Fruit

26

Chicken Patty Sandwich
Happy Birthday Cookie
Shredded Lettuce
Power Peas
Broccoli Bites
Crunchy Baby Carrots
Canned Peaches
Seasonal Fresh Fruit

Friday

6

Pepperoni Pizza*
or
Cheese Pizza
Super Hero Salad
Crunchy Baby Carrots
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit
Seasonal Fresh Fruit

13

Pepperoni Pizza*
or
Cheese Pizza
Be Strong Beans
Super Hero Salad
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit
Seasonal Fresh Fruit

20

Pepperoni Pizza*
or
Cheese Pizza
Be Strong Beans
Super Hero Salad
Vegetable Variety
Fresh Vegetable Variety
Canned Fruit
Seasonal Fresh Fruit

27

--No School--

HEALTHY EATING EXPO



Rio Americano High School
April 22, 2018
8:30a.m. – 10:30a.m.

Free or Reduced-Priced meals are available to students who qualify based on household income. Free and Reduced-Priced Meal Program applications are available online at: <http://mealapps.sanjuan.edu>

Paper applications are also available at: San Juan Central Office, Nutrition Services Office, School Offices & Cafeterias.

Questions about Meal Applications?
Call: (916) 971-7035

Meals may be pre-purchased online at: www.myschoolbucks.com

Menus subject to change.

*Contains pork products.

Items in *italics* are for salad bar.

Each meal is served with a choice of 1% Low Fat Plain or Non-Fat Chocolate Milk.



Let's celebrate April Birthdays with a Happy Birthday cookie offered with lunch on April 26th!