

Dave's Baking Company

NUTRITION & ANALYSIS SHEET

PRODUCT NAME: Whole Grain Blueberry Mini Muffin
PRODUCT CODE: WG380
PORTION SIZE: 1.9 oz.; 55 gm
PACKED: 90
CASE NET WEIGHT: 10.7 lbs
CASE DIMENSIONS: 16"x12"x7"
PALLETIZING: 10 tie X 10 hi
MEAL CONTRIBUTION:
EACH WHOLE GRAIN BLUEBERRY MUFFIN PROVIDES: 1 serving of grain, contains minimum 16 gm of wheat flour, contains minimum 51% of the flour as whole wheat.

INGREDIENTS:

Whole grain wheat flour, enriched wheat flour (contains niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, eggs, unsweetened applesauce, blueberries, sugar, vegetable oil (soybean), nonfat milk, baking powder, salt.

Contains: Wheat, Egg, Soybean, Milk,
(Manufactured in a Peanut Free Plant)

Shelf life: 10 months frozen, 10 days room temp.
Serving directions: Thaw at room temperature 6 hours
Prior to serving

I certify that the above information is accurate at present on this date.

Name: David Aframian

Title: Vice President

Signature:

Date: January 4, 2018



Nutritional Analysis

Per Serving (55 gm)

Basic Components

Calories 118

Protein 2.4 g

Carbohydrates 19.5 g

Dietary Fiber 1.8 g

Sugar – Total 7.5 g

Fat – Total 3.3 g

Saturated Fat 0.5 g

Trans Fat 0 g

Cholesterol 18 mg

Vitamin A IU 34 IU

Vitamin C 0.68 mg

Calcium 5.3 mg

Iron 0.75 mg

Sodium 74 mg

Niacin 1.1 mg

Thiamin 0.13 mg

Riboflavin <0.1 mg

Calories from Fat 30