

Distance Learning School Meals School meals available to all children 2-18 years at NO CHARGE

Breakfast & lunch meals will be available for pick-up at multiple SDUHSD school sites during distance learning (subject to change).

<u>Details:</u> students/parents/guardians may pick-up meals at the curbside from SDUHSD school sites during designated meal pick-up times.

Monday: up to 2 Breakfasts/2 Lunches Wednesday: up to 3 Breakfast/3 Lunches

*See school site meal pick-up schedules for details & exceptions.

Nutritional Adequacy of Distance Learning School Meals:

School meals are nutritionally adequate meals that are required to meet the **Dietary Guidelines for Americans**. These meals meet strict federal nutrition standards. The standards require schools to offer students the right balance of fruits, vegetables, low-fat or fat-free milk, whole grains and lean protein with every meal.

For more information, visit: www.SDUHSDnutrition.com

Contact us: leslie.luna@sduhsd.net 760-753-6241, ext. 3426



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www.SDUHSDnutrition.com 9/1/2020



Distance Learning School Meals

Meal Pick-up Locations & Times August 25- Oct. 28, 2020

| | Monday Aug. 31 Sept. 14, 21 Oct. 5, 12, 9, & 26 | Tuesday Aug. 25 th | Tuesday Sept. 8 & 29 | Wednesday Aug. 26 Sept. 2, 9, 16, 23, 30 Oct. 7, 14, 21, & 28 |
|-----------------------|--|----------------------------------|-------------------------|--|
| Canyon Crest Academy* | 7:30-8:30am | 7:30-8:30am | 7:30-8:30am | 7:30-8:30am |
| Carmel Valley MS* | 11:15am-12:15pm | 11:30am-12:30pm | 11:15am-12:15pm | 11:30am-12:30pm |
| Diegueno MS* | 11:15am-12:15pm | 11:30am-12:30pm | 11:15am-12:15pm | 11:30am-12:30pm |
| Earl Warren MS* | 11:30am-12:15pm | 11:45am-12:30pm | 11:30am-12:15pm | 11:45am-12:30pm |
| La Costa Canyon HS* | 11:00am-12:00pm | 11:00am-12:00pm | 11:00am-12:00pm | 11:00am-12:00pm |
| Oak Crest MS* | 7:30-8:30am | 7:30-8:30am | 7:30-8:30am | 7:30-8:30am |
| Pacific Trails MS* | 11:15am-12:15pm | 11:30am-12:30pm | 11:15am-12:15pm | 11:30am-12:30pm |
| San Dieguito Academy* | 7:30-8:30am | 7:30-8:30am | 7:30-8:30am | 7:30-8:30am |
| Sunset HS* | †† | †† | †† | †† |
| Torrey Pines HS* | 12:15-1:15pm | 12:15-1:15pm | 12:15-1:15pm | 12:15-1:15pm |

*Please contact Nutrition Services to make arrangements for meal pick-up at one school site if you have students attending multiple schools within the district and would like that option.

⁺⁺Please contact Nutrition Services to make arrangements for meal pick-up at the school of your choice. <u>Nutrition Services</u>: 760-753-6241 ext. 3426, <u>leslie.luna@sduhsd.net</u>

www.SDUHSDnutrition.com

SDUHSD Nutrition Services administration office: 760-753-6241 ext. 3426 leslie.luna@sduhsd.net

Curb-side pick-up locations:

CCA- Student Parking Lot- near field CV- In front of admin office DNO- In front of admin office EW- In front of admin office LCC- In front of gym OC- In front of admin office PT- In front of multi-purpose room SDA- In front of admin office Sunset- see notes TP- In front of Performing Arts Center (PAC)



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