

FEDERAL MANDATE FOR WELLNESS POLICY

The Board of Trustees recognizes the link between student health and learning and desires to provide a comprehensive program to promote student health, physical activity and wellness. It is the Board's desire to encourage and facilitate programs that enhance student health. The policy includes the following:

1. Nutrition education goals.
2. Physical education goals and other school-based activities designed to promote student wellness.
3. Nutrition guidelines for all food available on each school campus, with the objective of promoting student health and reducing childhood obesity.
4. Assurances that the District's guidelines for reimbursable school meals will not be less restrictive than federal regulations.
5. Implementation and ongoing evaluation of wellness program.

The Board shall involve parents/guardians, students, and school personnel in the development, implementation and monitoring of the District wellness policy. The District Parent Curriculum Advisory Council and the District Physical Education Academic Committee, the Life Skills Academic Committee and Coordinating Council shall be involved in the development, implementation and monitoring of the wellness policy.