

INTEROFFICE COMMUNICATION

To: K-3rd Grade Teachers

Subject:

Date: July 28, 2017

“Nutrasaurus Rex”

From: Adriane Robles *AR*
Nutrition Services Director

Message:

Nutrition Services would like to offer your students entertaining nutrition instruction presented by the Nutrition Services staff with the help of Nutrasaurus Rex (the big green dinosaur). Rex is most enjoyed by our students in Kindergarten through Third Grade. The students are captivated by the possibility that he might even be “real” and eats many of the same types of foods that they do but in dinosaur-sized portions.

A little preparation also makes the lesson more fun for the students. Please try to review the USDA Food Guide “My Plate” with your class (Proteins, Fruits, Vegetables, Grains, and Dairy Products) prior to the lesson (attached). Since we know that the majority of children do not eat the suggested five to six servings of the nutrient-rich fruit and vegetable foods each day, this can also be an emphasis.

Please consider Nutrasaurus Rex in your lesson planning, and make a reservation by contacting Nutrition Services at (909) 881-8008, x223.

Thank you.

