



BARILLA AMERICA, INC
RESEARCH AND DEVELOPMENT

FROM: Jackie Schulz, MS, RD
SUBJECT: NF Table/Ingredient Statement – Whole Grain Pasta
DATE: February 23, 2009

BARILLA WHOLE GRAIN PASTA:
Penne (003771)

NUTRITION FACTS TABLE

Nutrition Facts			
Serving Size 2 oz (56g)			
Servings Per Container			
Amount Per Serving			
Calories 200	Calories from Fat 15		
% Daily Value*			
Total Fat 1.5g	2%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 0mg	0%		
Total Carbohydrate 41g	14%		
Dietary Fiber 6g	24%		
Sugars 2g			
Protein 7g			
Vitamin A 0%	• Vitamin C 0%		
Calcium 0%	• Iron 8%		
Phosphorus 15%	• Magnesium 15%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300 mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
	Fat 9	• Carbohydrate 4	• Protein 4

INGREDIENT STATEMENT

INGREDIENTS: WHOLE DURUM WHEAT FLOUR, SEMOLINA, DURUM WHEAT FLOUR, OAT FIBER.

CONTAINS WHEAT INGREDIENTS. THIS PRODUCT IS MANUFACTURED ON EQUIPMENT THAT PROCESSES PRODUCTS CONTAINING EGGS.

**This information is current as of the date indicated.
Please refer to the package label for any future updates.**