



16ct White Wheat Hotdog Bun
Product Code: 22330

Ingredients

INGREDIENTS: WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, WHEAT GLUTEN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, NON FAT DRY MILK, DOUGH CONDITIONERS (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: DATEM, ASCORBIC ACID, AZODICARBONAMIDE, MONO AND DIGLYCERIDES, SORBIC ACID, MONOGLYCERIDES WITH ASCORBIC ACID AND CITRIC ACID), CALCIUM SULFATE (YEAST NUTRIENT), CALCIUM PROPIONATE (PRESERVATIVE), WHEAT STARCH.

CONTAINS: WHEAT, MILK (Houston bakery)

Serving Information

Serving Size: 1 Bun (43g)
 Servings per Package: 16
 Grain/Bread Serving: 1.5
 Grams of flour / serving: 24.31g
 Whole Grain per Serving: 13.14g

Nutritional Facts

Nutrition Facts	Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*	*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500
Serving Size 1 Bun (43g) Servings Per Container 16 Buns Calories 120 Calories from Fat 15	Total Fat 1.5g	2%	Sodium 210mg	9%	
	Saturated Fat 0g	0%	Total Carbohydrate 21g	7%	Total Fat Less than 65g 80g
	Trans Fat 0g		Dietary Fiber 2g	8%	Saturated Fat Less than 20g 25g
	Polyunsaturated Fat 0.5g		Sugars 3g		Cholesterol Less than 300mg 300mg
	Monounsaturated Fat 0g		Protein 5g		Sodium Less than 2,400mg 2,400mg
	Cholesterol 0mg	0%			Total Carbohydrate 300g 375g
	Vitamin A 0% • Vitamin C 0%		Calcium 4% • Iron 6%		Dietary Fiber 25g 30g
					Calories per gram:
					Fat 9 • Carbohydrate 4 • Protein 4

I hereby certify that the above information is correct

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 R&D Technologist
 H-E-B Manufacturing