

Company: Mid-South Baking
Product: 4" Kurz Wheat Hamburger Bun # 304
Date: Thursday, February 25, 2016



US Nutrition Facts Report

Serving Size: 1 bun (58g/2 oz.) Servings Per Container: 30

Nutrient	Values	Unit	% Daily
Calories	140	kcal	
Calories from Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Cholesterol	0	mg	0%
Sodium	160	mg	7%
Total Carbohydrates	28	g	9%
Dietary Fiber	4	g	18%
Sugars	3	g	
Protein	7	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			8%
Thiamine			15%
Riboflavin			6%
Niacin			10%
Folate			8%

Whole Wheat Flour: 17.7g
White Flour: 14.5g
Flour Grams Per Bun: 32.3g
Grain Size Per Serving: 2
55.0% Whole Wheat Flour

Ingredient and Allergen Statement:

INGREDIENTS: WATER, WHOLE WHEAT FLOUR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT GLUTEN, SUGAR, YEAST, MODIFIED WHEAT STARCH, CONTAINS LESS THAN 2 % OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, CULTURED WHEAT FLOUR, WHEAT FLOUR, CALCIUM PROPIONATE PRESERVATIVE, DISTILLED MONOGLYCERIDES, PETROLATUM, VINEGAR, ENZYMES, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, MICROCRYSTALLINE CELLULOSE, SORBITOL, WHEAT STARCH, CITRIC ACID PRESERVATIVE, BHT PRESERVATIVE, SILICA, MAGNESIUM STEARATE.

CONTAINS: WHEAT.

I certify the above information is correct.

Name: Homer Daniels
Title: General Manager
Date: 3/15/16