



CHEDDAR GOLDFISH® MADE WITH WHOLE GRAIN

300/0.75OZ

case code 18105

Same Great Cheddar Goldfish® flavor now with Whole Grain Goodness. Goldfish are the #1 cracker brand in households with kids; Cheddar Goldfish® Made with Whole Grain are the #4 Goldfish retail variety, ideal for families seeking more whole grains. These 100 Calories pack sizes offer 0.75 oz single serve portions for school lunches, snacks or breakfast use. Baked Snack Crackers with real cheese, contain 30% calories from fat, less than 10% calories from saturated fat, 1 g dietary fiber and 0 sugars.

UPC: 0-14100-18105-7

SCC-14: 10-01410-01810-54

Shelf Life: 6 MONTHS

Storage Temp: 70°F

Servings per case: 300

Special Dietary Needs:

100 calories or less per serving
15 grams total carbohydrates or less per serving
250 calories or less per serving
Good source of Calcium
Good source of Iron
Sodium 141 - 480 mgs.
Whole Grain

Child Nutrition

A0.75 oz. portion provides 1.0 oz. of equivalent grains. Non-creditable grains are not above 0.24 ounce equivalent per portion. Please refer to the *Formulation Statement for Documenting Grains in School Meals*

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Nutrition Information

Serving size: 1 pouch

Nutrients per Serving		%DV	
Calories	100		
Calories From Fat	30		
Total Fat	3.5 g	5 %	
Saturated Fat	1 g	4 %	
Trans Fat	0 g		
Cholesterol	Less than 5 mg	1 %	
Sodium	170 mg	7 %	
Total Carbohydrate	14 g	5 %	
Dietary Fiber	1 g	6 %	
Sugars	0 g		
Protein	3 g		
Vitamin A	0 %	Vitamin C	0 %
Calcium	2 %	Iron	2 %

Percent Daily Values are based on a 2,000 calorie diet.

The nutrition information contained in this list of Nutrition Facts is based on our current data. However, because the data may change from time to time, this information may not always be identical to the nutrition label information on products sold.

Ingredients

MADE WITH SMILES AND WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO), VEGETABLE OILS (CANOLA, SUNFLOWER AND/OR SOYBEAN), CONTAINS 2 PERCENT OR LESS OF: SALT, AUTOLYZED YEAST, YEAST, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), PAPRIKA, SPICES, DEHYDRATED ONIONS.

Information true and accurate as of: 11/15/2011